

Prova 30

Fem., 400m Estils

Open

05/07/2025 - 19:10

Llistat de sortida

| | | | | |
|---------------------------|---------|-------------------------|----------------|------------|
| Rècord de Catalunya | 4:31.21 | BELMONTE GARCIA, MIREIA | BARCELONA | 04/08/2013 |
| Circuit Català de Trofeus | 4:37.36 | BELMONTE GARCIA, MIREIA | SABADELL | 04/03/2012 |
| Millor Marca Catalana 18 | 4:37.91 | MIREIA, BELMONTE | PEQUÍN (CHN) | 09/08/2008 |
| Millor Marca Catalana 17 | 4:40.15 | ZAMORANO SANZ, AFRICA | SINGAPUR | 25/08/2015 |
| Millor Marca Catalana 16 | 4:41.79 | PAULA JUSTE, SANCHEZ | BUDAPEST (HUN) | 20/08/2019 |

ANY

Conversió

Sèrie 2 de 3

| | | | | | | | | |
|---|----------------------------|----|-----------------|---------|---------|-----|------------|---------|
| 0 | BUSQUETS RUIZ, Martina | 08 | G.E. I E.G. | 5:32.42 | 5:26.12 | P25 | 24/05/2025 | LLORET |
| 1 | MARTINEZ VALLS, Clara | 09 | C.N. Tarrega | 5:31.75 | 5:31.75 | P50 | 14/12/2024 | CN BARC |
| 2 | NARANJO VIUDEZ, Paula | 07 | C.N. Reus Ploms | 5:29.61 | 5:23.31 | P25 | 29/03/2025 | AMPOSTA |
| 3 | MIRAPEIX DUFOL, Nerea | 04 | C.N. Barcelona | 5:26.48 | 5:20.18 | P25 | 07/12/2024 | SANT FE |
| 4 | MANGAS JIMENEZ, Claudia | 08 | C.N. Granollers | 5:19.45 | 5:13.15 | P25 | 18/05/2024 | LLORET |
| 5 | RUBIO ARROJO, Elsa | 08 | C.N. Figueres | 5:23.02 | 5:16.72 | P25 | 02/11/2024 | FIGUERE |
| 6 | PERAIRE HERRERA, Aina | 09 | C.N. Sabadell | 5:29.20 | 5:22.90 | P25 | 20/01/2024 | HORTA |
| 7 | CASANOVAS SALVATELLA, Olga | 01 | C.N. Lleida | 5:31.67 | 5:25.37 | P25 | 27/10/2024 | BARCELO |
| 8 | GIFREU MATILLO, Nuria | 08 | C.N. Olot | 5:32.33 | 5:26.03 | P25 | 25/11/2023 | SANT FE |
| 9 | BENITO CASTELLO, Mar | 08 | C.N. Lleida | 5:35.45 | 5:35.45 | P50 | 16/02/2025 | SABADEL |

Sèrie 3 de 3

| | | | | | | | | |
|---|--------------------------|----|--------------------|---------|---------|-----|------------|---------|
| 0 | ORTI FERNANDEZ, Ona | 07 | C.N. Tarraco | 5:17.26 | 5:10.96 | P25 | 18/05/2024 | LLORET |
| 1 | COLL MARTI, Julia | 07 | C.N. Olot | 5:09.74 | 5:09.74 | P50 | 14/02/2025 | PALMA D |
| 2 | GONZALEZ NUEZ, Lucia | 06 | C.N. Sant Andreu | 5:04.78 | 5:04.78 | P50 | 19/01/2024 | PALMA D |
| 3 | GIRALT PIDEMONT, Claudia | 01 | C.N. L' Hospitalet | 4:58.97 | 4:58.97 | P50 | 23/02/2024 | SABADEL |
| 4 | PEREZ BLANCO, Jimena | 97 | C.N. Barcelona | 4:47.09 | 4:47.09 | P50 | 12/06/2025 | MALLORC |
| 5 | PUJADAS RUSIÑOL, Julia | 01 | C.N. Granollers | 4:52.75 | 4:46.45 | P25 | 27/10/2024 | BARCELO |
| 6 | DEL RIO DECABO, Carlota | 09 | C.N. Granollers | 4:59.74 | 4:59.74 | P50 | 12/06/2025 | PALMA D |
| 7 | ESPINOSA ALVAREZ, Aroa | 08 | C.N. Terrassa | 5:06.60 | 5:00.30 | P25 | 15/11/2024 | MADRID |
| 8 | PEREZ GARRIDO, Claudia | 09 | C.N. Mataro | 5:17.14 | 5:17.14 | P50 | 27/06/2024 | TARRAGO |
| 9 | MARTIN SUSIN, Berta | 08 | C.E. Mediterrani | 5:18.99 | 5:18.99 | P50 | 06/07/2024 | MATARO |