

Prova 13
 26/4/2025

Fem., 400m Lliure

 Open
 Resultats

Rècord Espanya	4:02.47	COSTA SCHMID, MELANIE	BARCELONA	28/7/2013
Rècord Catalunya	4:03.84	BELMONTE GARCIA, MIREIA	PALMA DE MALLORCA	13/4/2014
Circuit Català de Trofeus	4:06.94	BALMY, CORALIE	SABADELL	22/3/2014

Punts: AQUA 2025

Classificació	ANY								Temps	Punts Aqua
1. CARRON MUIÑA, Carla	05	C.N. Sant Andreu								4:18.19 - 757
50m: 29.32 29.32	150m: 1:35.18	33.57	250m: 2:41.62	32.78	350m: 3:46.81	32.41	400m: 4:18.19	31.38		
100m: 1:01.61 32.29	200m: 2:08.84	33.66	300m: 3:14.40	32.78						
2. FERNANDEZ GONZALEZ, Aina	06	C.N. Sant Andreu								4:30.79 - 656
50m: 32.60 32.60	150m: 1:41.61	34.58	250m: 2:50.31	34.25	350m: 3:59.21	34.28	400m: 4:30.79	31.58		
100m: 1:07.03 34.43	200m: 2:16.06	34.45	300m: 3:24.93	34.62						
3. MORILLO LOPEZ, Esther	01	C.E. Mediterrani								4:31.55 - 651
50m: 31.56 31.56	150m: 1:40.27	34.76	250m: 2:49.67	34.74	350m: 3:58.88	34.45	400m: 4:31.55	32.67		
100m: 1:05.51 33.95	200m: 2:14.93	34.66	300m: 3:24.43	34.76						
4. OLIVEIRA LARA, Carolina	07	C.N. Sabadell								4:31.81 - 649
50m: 31.95 31.95	150m: 1:42.44	35.77	250m: 2:51.49	34.32	350m: 3:59.18	34.01	400m: 4:31.81	32.63		
100m: 1:06.67 34.72	200m: 2:17.17	34.73	300m: 3:25.17	33.68						
5. CONESA PRIETO, Abril	00	C.N. Sabadell								4:34.50 - 630
50m: 31.81 31.81	150m: 1:40.91	34.50	250m: 2:50.71	34.66	350m: 4:00.47	34.62	400m: 4:34.50	34.03		
100m: 1:06.41 34.60	200m: 2:16.05	35.14	300m: 3:25.85	35.14						
6. GONZALEZ NUEZ, Lucia	06	C.N. Sant Andreu								4:36.07 - 619
50m: 31.13 31.13	150m: 1:40.16	35.04	250m: 2:50.43	34.93	350m: 4:01.43	35.70	400m: 4:36.07	34.64		
100m: 1:05.12 33.99	200m: 2:15.50	35.34	300m: 3:25.73	35.30						
7. LLORACH FUSTES, Martina	08	C.N. Igualada								4:39.10 - 599
50m: 31.71 31.71	150m: 1:40.91	35.22	250m: 2:52.34	35.65	350m: 4:04.44	35.97	400m: 4:39.10	34.66		
100m: 1:05.69 33.98	200m: 2:16.69	35.78	300m: 3:28.47	36.13						
8. PALOMINO SUCARRATS, Laia	07	C.N. Sabadell								4:39.51 - 597
50m: 31.10 31.10	150m: 1:40.18	34.77	250m: 2:50.81	35.32	350m: 4:03.84	36.55	400m: 4:39.51	35.67		
100m: 1:05.41 34.31	200m: 2:15.49	35.31	300m: 3:27.29	36.48						
9. LIBREROS, Mariana	04	C.N. Barcelona								4:40.44 - 591
50m: 32.61 32.61	150m: 1:41.96	34.87	250m: 2:52.67	35.37	350m: 4:04.77	36.18	400m: 4:40.44	35.67		
100m: 1:07.09 34.48	200m: 2:17.30	35.34	300m: 3:28.59	35.92						
10. RODRIGUEZ SANTAULARIA, Laura	02	C.N. Barcelona								4:42.34 - 579
50m: 32.26 32.26	150m: 1:43.19	35.61	250m: 2:54.68	35.37	350m: 4:07.46	36.04	400m: 4:42.34	34.88		
100m: 1:07.58 35.32	200m: 2:19.31	36.12	300m: 3:31.42	36.74						
11. HERGUEDAS GOMEZ, Adriana	10	C.N. Reus Ploms								4:43.21 - 574
50m: 32.31 32.31	150m: 1:43.00	35.41	250m: 2:55.24	35.79	350m: 4:07.75	36.02	400m: 4:43.21	35.46		
100m: 1:07.59 35.28	200m: 2:19.45	36.45	300m: 3:31.73	36.49						
12. MAYMI CASANOVA, Flavia	08	C.N. Barcelona								4:45.49 - 560
50m: 33.05 33.05	150m: 1:45.16	36.15	250m: 2:58.19	36.89	350m: 4:10.78	36.23	400m: 4:45.49	34.71		
100m: 1:09.01 35.96	200m: 2:21.30	36.14	300m: 3:34.55	36.36						
13. BENITO CASTELLO, Mar	08	C.N. Lleida								4:45.64 - 559
50m: 31.90 31.90	150m: 1:43.62	36.15	250m: 2:57.16	36.74	350m: 4:10.86	36.42	400m: 4:45.64	34.78		
100m: 1:07.47 35.57	200m: 2:20.42	36.80	300m: 3:34.44	37.28						
14. COLOM ESCOTS, Carlotta	06	C.N. Barcelona								4:45.73 - 559
50m: 31.72 31.72	150m: 1:42.16	35.95	250m: 2:55.67	37.05	350m: 4:10.01	37.25	400m: 4:45.73	35.72		
100m: 1:06.21 34.49	200m: 2:18.62	36.46	300m: 3:32.76	37.09						
15. SUÑÉ PALACIOS, Auria	08	C.N. Manresa								4:49.91 - 535
50m: 33.01 33.01	150m: 1:44.98	36.28	300m: 3:35.53	1:14.13						
100m: 1:08.70 35.69	200m: 2:21.40	36.42	400m: 4:49.91	1:14.38						
16. ORTEGA ISERN, Ona	10	C.N. Reus Ploms								4:50.37 - 532
50m: 33.63 33.63	150m: 1:46.84	36.87	250m: 3:01.00	37.07	350m: 4:14.98	36.64	400m: 4:50.37	35.39		
100m: 1:09.97 36.34	200m: 2:23.93	37.09	300m: 3:38.34	37.34						

Prova 13, Fem., 400m Lliure, Open

Classificació	ANY								Temps	Punts Aqua
17.	MIRALLES BONADA, Ona	09	C.N. Sabadell						4:53.44	- 516
	50m: 34.10 34.10	150m: 1:48.21	37.70	250m: 3:03.01	37.63	350m: 4:17.32	37.27			
	100m: 1:10.51 36.41	200m: 2:25.38	37.17	300m: 3:40.05	37.04	400m: 4:53.44	36.12			
18.	SANCHEZ AYMERICH, Julia	07	C.N. Manresa						4:53.83	- 514
	50m: 33.47 33.47	150m: 1:46.58	36.96	250m: 3:01.56	37.72	350m: 4:17.86	38.37			
	100m: 1:09.62 36.15	200m: 2:23.84	37.26	300m: 3:39.49	37.93	400m: 4:53.83	35.97			
19.	PRUNES ARNAU, Jana	07	C.N. Mataro						4:56.00	- 502
	50m: 34.65 34.65	150m: 1:49.49	37.48	250m: 3:05.03	37.85	350m: 4:20.78	37.85			
	100m: 1:12.01 37.36	200m: 2:27.18	37.69	300m: 3:42.93	37.90	400m: 4:56.00	35.22			
20.	EGEA ORELLANA, Julia	08	C.N. Sant Sadurni						4:56.82	- 498
	50m: 33.99 33.99	150m: 1:48.13	37.41	250m: 3:03.95	37.61	350m: 4:19.72	37.44			
	100m: 1:10.72 36.73	200m: 2:26.34	38.21	300m: 3:42.28	38.33	400m: 4:56.82	37.10			
21.	NARANJO VIUDEZ, Paula	07	C.N. Reus Ploms						5:01.61	- 475
	50m: 33.83 33.83	150m: 1:48.51	37.34	250m: 3:05.08	37.89	350m: 4:22.60	38.48			
	100m: 1:11.17 37.34	200m: 2:27.19	38.68	300m: 3:44.12	39.04	400m: 5:01.61	39.01			
22.	RODRIGUEZ SANTAULARIA, Jessica	06	C.N. Barcelona						5:04.95	- 459
	50m: 34.76 34.76	150m: 1:50.12	38.16	250m: 3:07.49	38.75	350m: 4:26.02	39.41			
	100m: 1:11.96 37.20	200m: 2:28.74	38.62	300m: 3:46.61	39.12	400m: 5:04.95	38.93			
23.	GARCIA-CONDE LLOBET, Alexia	09	C.N. Mataro						5:07.71	- 447
	50m: 35.35 35.35	150m: 1:52.62	39.26	250m: 3:11.26	39.18	350m: 4:29.49	38.78			
	100m: 1:13.36 38.01	200m: 2:32.08	39.46	300m: 3:50.71	39.45	400m: 5:07.71	38.22			
DNS	VIDAL MERINO, Julia	07	C.N. Granollers							-