

Prova 14
26/4/2025

Masc., 400m Lliure

Open
Resultats

Rècord Espanya	3:47.29	CARLOS GARACH, BENITO	Palma de Mallorca	22/6/2024
Rècord Catalunya	3:50.46	FERRAN JULIA, TOUS	Palma de Mallorca	22/6/2024
Circuit Català de Trofeus	3:51.86	DURAN NAVIA, Miguel	BARCELONA	15/2/2020

Punts: AQUA 2025

Classificació	ANY								Temps	Punts Aqua
1.	JIMENEZ RISQUEZ, Alex	06	C.N. Sabadell						4:04.81	- 726
	50m: 28.32 28.32	150m: 1:29.12	30.52	250m: 2:31.69	31.28	350m: 3:35.15	31.89			
	100m: 58.60 30.28	200m: 2:00.41	31.29	300m: 3:03.26	31.57	400m: 4:04.81	29.66			
2.	ARROYO LOPEZ DEL CASTILLO, Izan	07	C.N. Sant Andreu						4:05.34	- 721
	50m: 28.10 28.10	150m: 1:29.84	31.41	250m: 2:33.68	32.05	350m: 3:36.07	30.16			
	100m: 58.43 30.33	200m: 2:01.63	31.79	300m: 3:05.91	32.23	400m: 4:05.34	29.27			
3.	MORILLO LOPEZ, Ferran	05	C.E. Mediterrani						4:08.01	- 698
	50m: 28.13 28.13	150m: 1:29.95	31.31	250m: 2:33.29	31.83	350m: 3:37.05	31.60			
	100m: 58.64 30.51	200m: 2:01.46	31.51	300m: 3:05.45	32.16	400m: 4:08.01	30.96			
4.	FERNANDEZ SIMO, Eric	05	C.N. Granollers						4:15.63	- 638
	50m: 29.76 29.76	150m: 1:34.80	32.81	250m: 2:40.05	31.89	350m: 3:44.78	31.91			
	100m: 1:01.99 32.23	200m: 2:08.16	33.36	300m: 3:12.87	32.82	400m: 4:15.63	30.85			
5.	MARTIN SOLE, Biel	08	C.N. Banyoles						4:15.66	- 637
	50m: 29.38 29.38	150m: 1:34.56	33.19	250m: 2:40.13	32.41	350m: 3:45.70	32.59			
	100m: 1:01.37 31.99	200m: 2:07.72	33.16	300m: 3:13.11	32.98	400m: 4:15.66	29.96			
6.	SANCHEZ GONZALEZ, Marcos	04	C.N. Sabadell						4:17.52	- 624
	50m: 28.77 28.77	150m: 1:35.27	33.91	250m: 2:41.88	32.90	350m: 3:46.71	31.79			
	100m: 1:01.36 32.59	200m: 2:08.98	33.71	300m: 3:14.92	33.04	400m: 4:17.52	30.81			
7.	VILLA RODRIGUEZ, Pau	04	C.N. Sant Andreu						4:17.81	- 621
	50m: 29.46 29.46	150m: 1:34.68	32.72	250m: 2:40.47	32.51	350m: 3:45.62	31.82			
	100m: 1:01.96 32.50	200m: 2:07.96	33.28	300m: 3:13.80	33.33	400m: 4:17.81	32.19			
8.	YAHYIOUI JAGUININE, Othman	08	C.N. Reus Ploms						4:18.58	- 616
	50m: 28.60 28.60	150m: 1:33.15	32.67	250m: 2:39.25	33.19	350m: 3:46.02	33.44			
	100m: 1:00.48 31.88	200m: 2:06.06	32.91	300m: 3:12.58	33.33	400m: 4:18.58	32.56			
9.	VENDRELL GARCIA, Jose	03	C.N. Lleida						4:19.23	- 611
	50m: 28.85 28.85	150m: 1:33.16	32.61	250m: 2:39.67	33.07	350m: 3:47.07	33.48			
	100m: 1:00.55 31.70	200m: 2:06.60	33.44	300m: 3:13.59	33.92	400m: 4:19.23	32.16			
10.	ARNAU LINARES, Joel	09	C.N. Terrassa						4:21.66	- 594
	50m: 29.23 29.23	150m: 1:35.73	33.53	250m: 2:43.15	33.40	350m: 3:49.48	32.76			
	100m: 1:02.20 32.97	200m: 2:09.75	34.02	300m: 3:16.72	33.57	400m: 4:21.66	32.18			
11.	DE LA CRUZ GARCIA, Didac	07	C.N. Sant Andreu						4:22.02	- 592
	50m: 30.14 30.14	150m: 1:36.92	33.58	250m: 2:43.89	32.96	350m: 3:51.10	33.43			
	100m: 1:03.34 33.20	200m: 2:10.93	34.01	300m: 3:17.67	33.78	400m: 4:22.02	30.92			
12.	MARTINEZ, Cesar	05	C.N. Barcelona						4:26.31	- 564
	50m: 30.08 30.08	150m: 1:35.90	33.30	250m: 2:43.36	33.77	350m: 3:52.61	34.63			
	100m: 1:02.60 32.52	200m: 2:09.59	33.69	300m: 3:17.98	34.62	400m: 4:26.31	33.70			
13.	GONZALEZ GARAVIS, Aritz	05	C.D.N. Bidasoa XXI						4:29.82	- 542
	50m: 30.62 30.62	150m: 1:38.25	34.17	250m: 2:47.31	33.93	350m: 3:56.24	33.93			
	100m: 1:04.08 33.46	200m: 2:13.38	35.13	300m: 3:22.31	35.00	400m: 4:29.82	33.58			
14.	HERNANDEZ DOMINGUEZ, Alexander	09	C.N. Terrassa						4:30.15	- 540
	50m: 29.79 29.79	150m: 1:36.52	34.01	250m: 2:45.64	34.82	350m: 3:55.31	35.05			
	100m: 1:02.51 32.72	200m: 2:10.82	34.30	300m: 3:20.26	34.62	400m: 4:30.15	34.84			
15.	MATEOS TICAS, Mario	08	C.N. Mataro						4:31.59	- 532
	50m: 30.22 30.22	150m: 1:39.91	35.54	250m: 2:51.19	35.64	350m: 4:00.12	33.88			
	100m: 1:04.37 34.15	200m: 2:15.55	35.64	300m: 3:26.24	35.05	400m: 4:31.59	31.47			
16.	BURILLO BENITEZ, Eloy	99	C.N. Cerdanyola						4:35.08	- 512
	50m: 30.44 30.44	150m: 1:38.52	34.68	250m: 2:48.80	35.11	350m: 4:00.37	35.92			
	100m: 1:03.84 33.40	200m: 2:13.69	35.17	300m: 3:24.45	35.65	400m: 4:35.08	34.71			

Prova 14, Masc., 400m Lliure, Open

Classificació	ANY								Temps	Punts Aqua
17. VILLAREJO MARTIN, Eloi	05 C.N. Reus Ploms								4:40.99	- 480
50m: 29.77 29.77	150m: 1:37.39	34.74	250m: 2:49.86	36.86	350m: 4:03.40	37.03				
100m: 1:02.65 32.88	200m: 2:13.00	35.61	300m: 3:26.37	36.51	400m: 4:40.99	37.59				
18. FIORI PORTA, Pol	07 C.N. Mataro								4:43.91	- 465
50m: 32.09 32.09	150m: 1:43.55	36.53	250m: 2:56.55	36.41	350m: 4:09.00	36.35				
100m: 1:07.02 34.93	200m: 2:20.14	36.59	300m: 3:32.65	36.10	400m: 4:43.91	34.91				
19. DE MIGUEL JIMENEZ, Marcos	05 C.N. Sabadell								4:44.98	- 460
50m: 29.17 29.17	150m: 1:34.44	33.18	250m: 2:51.61	43.87	350m: 4:09.82	39.02				
100m: 1:01.26 32.09	200m: 2:07.74	33.30	300m: 3:30.80	39.19	400m: 4:44.98	35.16				
20. ARJO DELGADO, Sergi	06 C.N. Lleida								4:45.80	- 456
50m: 30.80 30.80	150m: 1:41.88	36.40	250m: 2:55.68	36.64	350m: 4:09.60	36.81				
100m: 1:05.48 34.68	200m: 2:19.04	37.16	300m: 3:32.79	37.11	400m: 4:45.80	36.20				
DNS KARIM JERRAR, Wadie	09 C.N. Tarraco									-
BX CARRASCO CADENS, Jordi	08 C.E. Inef De Lleida									-
BX HUGUET PINO, Daniel	09 C.N. Premia									-
BX COMAS ZHYLIN, Alexandre	08 C.N. Sabadell									-