

Prova 7
 26/4/2025

Fem., 400m Estils

 Open
 Resultats

Rècord Espanya	4:31.21	BELMONTE GARCIA, MIREIA	BARCELONA	4/8/2013
Rècord Catalunya	4:31.21	BELMONTE GARCIA, MIREIA	BARCELONA	4/8/2013
Circuit Català de Trofeus	4:37.36	BELMONTE GARCIA, MIREIA	SABADELL	4/3/2012

Punts: AQUA 2025

Classificació	ANY										Temps	Punts Aqua
1. PUJADAS RUSIÑOL, Julia	01	C.N. Granollers									4:54.58	- 722
50m: 30.24 30.24	150m: 1:44.19	39.48	250m: 3:05.96	43.36	350m: 4:22.90	33.95						
100m: 1:04.71 34.47	200m: 2:22.60	38.41	300m: 3:48.95	42.99	400m: 4:54.58	31.68						
2. ESPINOSA ALVAREZ, Aroa	08	C.N. Terrassa									5:14.61	- 593
50m: 33.20 33.20	150m: 1:53.80	41.10	250m: 3:18.94	46.59	350m: 4:40.49	35.84						
100m: 1:12.70 39.50	200m: 2:32.35	38.55	300m: 4:04.65	45.71	400m: 5:14.61	34.12						
3. MARTIN SUSIN, Berta	08	C.E. Mediterrani									5:19.27	- 567
50m: 33.21 33.21	150m: 1:53.62	41.41	250m: 3:21.70	48.00	350m: 4:43.88	36.06						
100m: 1:12.21 39.00	200m: 2:33.70	40.08	300m: 4:07.82	46.12	400m: 5:19.27	35.39						
4. HERGUEDAS GOMEZ, Adriana	10	C.N. Reus Ploms									5:22.28	- 552
50m: 34.68 34.68	150m: 1:57.47	42.36	250m: 3:24.45	46.50	350m: 4:46.14	37.15						
100m: 1:15.11 40.43	200m: 2:37.95	40.48	300m: 4:08.99	44.54	400m: 5:22.28	36.14						
5. PEREZ GARRIDO, Claudia	09	C.N. Mataro									5:25.53	- 535
50m: 33.73 33.73	150m: 1:55.52	42.77	250m: 3:24.57	47.22	350m: 4:49.92	36.90						
100m: 1:12.75 39.02	200m: 2:37.35	41.83	300m: 4:13.02	48.45	400m: 5:25.53	35.61						
6. MANGAS JIMENEZ, Claudia	08	C.N. Granollers									5:28.78	- 519
50m: 35.02 35.02	150m: 1:59.47	44.30	250m: 3:28.48	46.03	350m: 4:52.19	37.78						
100m: 1:15.17 40.15	200m: 2:42.45	42.98	300m: 4:14.41	45.93	400m: 5:28.78	36.59						
7. PLEKHANOVA, Maria	10	C.N. Navas									5:33.43	- 498
50m: 36.32 36.32	150m: 2:02.33	45.02	250m: 3:31.26	46.05	350m: 4:56.69	38.85						
100m: 1:17.31 40.99	200m: 2:45.21	42.88	300m: 4:17.84	46.58	400m: 5:33.43	36.74						
8. MORENO CORTES, Tania	06	C.N. Reus Ploms									5:33.56	- 497
50m: 33.20 33.20	200m: 3:25.68		300m: 4:14.22	48.54	400m: 5:33.56	38.40						
100m: 1:15.17 40.15	250m: 3:25.68		350m: 4:55.16	40.94								
9. PERONA AMADOR, Laia	10	C.E. Mediterrani									5:38.99	- 474
50m: 35.22 35.22	150m: 2:02.14	45.66	250m: 3:35.45	49.52	350m: 5:02.25	37.45						
100m: 1:16.48 41.26	200m: 2:45.93	43.79	300m: 4:24.80	49.35	400m: 5:38.99	36.74						
10. SANCHEZ GOMEZ, Laura	10	C.N. Manresa									5:41.74	- 463
50m: 35.54 35.54	150m: 2:02.94	43.79	250m: 3:34.21	48.27	350m: 5:02.82	39.60						
100m: 1:19.15 43.61	200m: 2:45.94	43.00	300m: 4:23.22	49.01	400m: 5:41.74	38.92						
11. CANUT BATLLES, Carlota	08	C.N. Barcelona									5:45.41	- 448
50m: 35.74 35.74	150m: 2:05.68	45.48	250m: 3:39.76	49.81	350m: 5:08.49	38.37						
100m: 1:20.20 44.46	200m: 2:49.95	44.27	300m: 4:30.12	50.36	400m: 5:45.41	36.92						
12. VIDAL MORENO, Nidia	08	C.N. Manresa									5:46.52	- 444
50m: 39.17 39.17	150m: 2:14.03	45.32	250m: 3:44.00	47.45	350m: 5:11.27	39.28						
100m: 1:28.71 49.54	200m: 2:56.55	42.52	300m: 4:31.99	47.99	400m: 5:46.52	35.25						
13. GARCIA-CONDE LLOBET, Alexia	09	C.N. Mataro									5:47.60	- 439
50m: 38.42 38.42	150m: 2:08.02	46.37	250m: 3:41.31	48.37	350m: 5:09.54	39.35						
100m: 1:21.65 43.23	200m: 2:52.94	44.92	300m: 4:30.19	48.88	400m: 5:47.60	38.06						
14. DE ASSIS HASSAMO, Maria Rita	11	C.N. Sant Adria									5:48.19	- 437
50m: 39.04 39.04	150m: 2:10.76	47.67	250m: 3:44.45	48.45	350m: 5:11.36	38.00						
100m: 1:23.09 44.05	200m: 2:56.00	45.24	300m: 4:33.36	48.91	400m: 5:48.19	36.83						
15. MOSQUERA SORIANO, Martina	06	C.N. Granollers									5:48.64	- 436
50m: 35.62 35.62	150m: 2:02.94	47.90	250m: 3:42.14	52.15	350m: 5:10.80	39.27						
100m: 1:15.04 39.42	200m: 2:49.99	47.05	300m: 4:31.53	49.39	400m: 5:48.64	37.84						
16. EGEA ORELLANA, Julia	08	C.N. Sant Sadurni									5:49.32	- 433
50m: 36.77 36.77	150m: 2:06.22	47.32	250m: 3:42.37	50.65	350m: 5:12.20	38.53						
100m: 1:18.90 42.13	200m: 2:51.72	45.50	300m: 4:33.67	51.30	400m: 5:49.32	37.12						

Prova 7, Fem., 400m Estils, Open

Classificació	ANY								Temps	Punts Aqua
17. TORREJON GASCON, Laia	09	C.N. Caldes							5:57.17	- 405
50m: 39.00 39.00 150m: 2:12.99 47.19 250m: 3:47.28 49.96								350m: 5:18.76 42.26		
100m: 1:25.80 46.80 200m: 2:57.32 44.33 300m: 4:36.50 49.22								400m: 5:57.17 38.41		
18. MARTÍNEZ ORDÓÑEZ, Berta	07	C.N. Granollers							5:57.90	- 403
50m: 36.51 36.51 150m: 2:09.42 49.29 250m: 3:46.40 49.80								350m: 5:18.28 52.74		
100m: 1:20.13 43.62 200m: 2:56.60 47.18 300m: 4:25.54 39.14								400m: 5:57.90 39.62		
19. GONZALEZ URBANO, Maitane	11	C.N. Tarraco							5:58.73	- 400
50m: 42.25 42.25 150m: 2:18.76 47.96 300m: 4:38.46 1:35.11								400m: 5:58.73 38.64		
100m: 1:30.80 48.55 200m: 3:03.35 44.59 350m: 5:20.09 41.63										
20. VALLS RIERA, Anna	09	C.N. Barcelona							6:06.56	- 375
50m: 39.01 39.01 150m: 2:19.04 50.12 250m: 3:54.52 48.34								350m: 5:25.93 41.52		
100m: 1:28.92 49.91 200m: 3:06.18 47.14 300m: 4:44.41 49.89								400m: 6:06.56 40.63		
21. SANS GIOL, Jana	09	C.E. Mediterrani							6:13.26	- 355
50m: 38.28 38.28 150m: 2:11.76 48.29 250m: 3:53.60 55.29								350m: 5:31.25 42.33		
100m: 1:23.47 45.19 200m: 2:58.31 46.55 300m: 4:48.92 55.32								400m: 6:13.26 42.01		
DSQ MARIANO GOVINA, Jenyfer Rose	09	C.N. Barcelona							5:46.62	-
50m: 36.69 36.69 150m: 2:09.40 46.40 250m: 3:41.08 47.53								350m: 5:10.41 41.33		
100m: 1:23.00 46.31 200m: 2:53.55 44.15 300m: 4:29.08 48.00								400m: 5:46.62 36.21		
BX HERNANDEZ MARTIN, Victoria	09	C.N. Granollers								-