

Prova 19
 15/2/2025 - 19:05

Fem., 400m Lliure

 Open
 Resultats

Rècord de Catalunya	4:03.84	, BELMONTE GARCIA MIREIA	PALMA DE MALLORCA	13/4/2014
Circuit Català de Trofeus	4:06.94	BALMY, CORALIE	SABADELL	22/3/2014

Punts: AQUA 2025

Classificació	ANY				Temps				Pts
1. CARRON MUIÑA, Carla	05	C.N. Sant Andreu			4:17.38				764
50m: 29.36 29.36	150m: 1:33.98	32.76	250m: 2:38.70	32.53	350m: 3:44.42				33.21
100m: 1:01.22 31.86	200m: 2:06.17	32.19	300m: 3:11.21	32.51	400m: 4:17.38				32.96
2. CAMPABADAL AMEZCUA, Ainhoa	03	C.N. Sant Andreu			4:19.61				745
50m: 29.93 29.93	150m: 1:35.05	32.72	250m: 2:40.83	32.63	350m: 3:46.94				33.04
100m: 1:02.33 32.40	200m: 2:08.20	33.15	300m: 3:13.90	33.07	400m: 4:19.61				32.67
3. SERRA, Carla	08	Canet 66 Natation			4:22.08				724
50m: 30.19 30.19	150m: 1:35.83	33.06	250m: 2:42.19	33.19	350m: 3:49.46				33.50
100m: 1:02.77 32.58	200m: 2:09.00	33.17	300m: 3:15.96	33.77	400m: 4:22.08				32.62
4. YEGRES COTTIN, Maria Victoria	05	C.N. Barcelona			4:22.98				717
50m: 30.00 30.00	150m: 1:35.37	32.93	250m: 2:42.25	33.31	350m: 3:49.98				33.81
100m: 1:02.44 32.44	200m: 2:08.94	33.57	300m: 3:16.17	33.92	400m: 4:22.98				33.00
5. DEL RIO DECABO, Carlota	09	C.N. Granollers			4:23.98				708
50m: 31.76 31.76	150m: 1:37.67	32.61	250m: 2:44.27	33.36	350m: 3:51.64				33.69
100m: 1:05.06 33.30	200m: 2:10.91	33.24	300m: 3:17.95	33.68	400m: 4:23.98				32.34
6. THOMSEN, Naya Modin	03	Den			4:28.71				672
50m: 30.38 30.38	150m: 1:36.82	33.27	250m: 2:44.86	34.25	350m: 3:54.63				34.75
100m: 1:03.55 33.17	200m: 2:10.61	33.79	300m: 3:19.88	35.02	400m: 4:28.71				34.08
7. SOLDERMANN, Maeva	08	Font Romeu			4:30.08				661
50m: 29.94 29.94	150m: 1:36.21	33.49	250m: 2:45.52	34.64	350m: 3:55.68				35.04
100m: 1:02.72 32.78	200m: 2:10.88	34.67	300m: 3:20.64	35.12	400m: 4:30.08				34.40
8. GIRALT PIDEMONT, Claudia	01	C.N. L' Hospitalet			4:33.20				639
50m: 31.23 31.23	150m: 1:40.40	34.48	250m: 2:49.82	34.26	350m: 3:59.41				34.62
100m: 1:05.92 34.69	200m: 2:15.56	35.16	300m: 3:24.79	34.97	400m: 4:33.20				33.79
9. MAHIEU, Pauline	99	Canet 66 Natation			4:34.56				630
50m: 29.63 29.63	150m: 1:37.34	34.24	250m: 2:49.30	36.00	350m: 4:01.04				35.71
100m: 1:03.10 33.47	200m: 2:13.30	35.96	300m: 3:25.33	36.03	400m: 4:34.56				33.52
10. OLIVEIRA LARA, Carolina	07	C.N. Sabadell			4:35.58				623
50m: 31.13 31.13	150m: 1:41.13	35.25	250m: 2:51.73	34.73	350m: 4:01.37				34.36
100m: 1:05.88 34.75	200m: 2:17.00	35.87	300m: 3:27.01	35.28	400m: 4:35.58				34.21
11. CARMONA VILLAPLANA, Marta	05	C.N. Barcelona			4:35.67				622
50m: 31.58 31.58	150m: 1:37.99	32.33	250m: 2:51.56	35.50	350m: 4:01.84				34.92
100m: 1:05.66 34.08	200m: 2:16.06	38.07	300m: 3:26.92	35.36	400m: 4:35.67				33.83
12. PADILLA GARCIA, Martina	09	C.N. Granollers			4:35.99				620
50m: 32.12 32.12	150m: 1:41.21	34.59	250m: 2:51.99	34.88	350m: 4:02.23				34.79
100m: 1:06.62 34.50	200m: 2:17.11	35.90	300m: 3:27.44	35.45	400m: 4:35.99				33.76
13. CONESA PRIETO, Abril	00	C.N. Sabadell			4:36.33				618
50m: 31.24 31.24	150m: 1:38.87	33.92	250m: 2:48.95	34.84	350m: 4:00.55				35.75
100m: 1:04.95 33.71	200m: 2:14.11	35.24	300m: 3:24.80	35.85	400m: 4:36.33				35.78
14. RADOVICI, Julia	08	Canet 66 Natation			4:36.57				616
50m: 30.60 30.60	150m: 1:38.27	34.27	250m: 2:49.03	35.56	350m: 4:01.41				36.02
100m: 1:04.00 33.40	200m: 2:13.47	35.20	300m: 3:25.39	36.36	400m: 4:36.57				35.16
15. ROCA FORTUNY, Marina	05	C.N. Barcelona			4:38.40				604
50m: 31.87 31.87	150m: 1:40.73	34.67	250m: 2:51.61	35.56	350m: 4:02.69				35.35
100m: 1:06.06 34.19	200m: 2:16.05	35.32	300m: 3:27.34	35.73	400m: 4:38.40				35.71
16. GRESELY SALETA, Victoria	09	C.N. Mataró			4:39.53				597
50m: 31.64 31.64	150m: 1:42.50	35.33	250m: 2:53.55	35.28	350m: 4:04.66				35.30
100m: 1:07.17 35.53	200m: 2:18.27	35.77	300m: 3:29.36	35.81	400m: 4:39.53				34.87

Prova 19, Fem., 400m Lliure, Open

Classificació	ANY								Temps	Pts		
17.	DE MIGUEL GOMEZ, Ona			09	C.N. Sabadell				4:39.85	595		
	50m:	31.61	31.61	150m:	1:42.67	35.89	250m:	2:53.79	35.13	350m:	4:04.92	35.02
	100m:	1:06.78	35.17	200m:	2:18.66	35.99	300m:	3:29.90	36.11	400m:	4:39.85	34.93
18.	CASAMITJANA GUIXA, Andrea			10	C.N. Caldes				4:43.30	573		
	50m:	33.67	33.67	150m:	1:45.21	35.55	250m:	2:55.23	34.07	350m:	4:07.64	36.13
	100m:	1:09.66	35.99	200m:	2:21.16	35.95	300m:	3:31.51	36.28	400m:	4:43.30	35.66
19.	ARTIGAS VILANOVA, Gina			10	C.N. Banyoles				4:43.86	570		
	50m:	32.37	32.37	150m:	1:44.53	36.44	250m:	2:57.33	36.11	350m:	4:09.77	35.86
	100m:	1:08.09	35.72	200m:	2:21.22	36.69	300m:	3:33.91	36.58	400m:	4:43.86	34.09
20.	SCARFONE, Sofia			07	Federazione Ticinese di Nuoto				4:43.88	570		
	50m:	31.96	31.96	150m:	1:43.42	35.99	250m:	2:55.72	35.75	350m:	4:08.51	36.30
	100m:	1:07.43	35.47	200m:	2:19.97	36.55	300m:	3:32.21	36.49	400m:	4:43.88	35.37
21.	ALSINA PASTOR, Naia			11	C.N. Banyoles				4:44.31	567		
	50m:	32.09	32.09	150m:	1:43.56	35.75	250m:	2:56.67	36.22	350m:	4:09.76	36.17
	100m:	1:07.81	35.72	200m:	2:20.45	36.89	300m:	3:33.59	36.92	400m:	4:44.31	34.55
22.	DELGADO GARCIA, Marta			09	C.N. Mataro				4:44.79	564		
	50m:	31.80	31.80	150m:	1:43.25	36.06	250m:	2:56.15	36.42	350m:	4:08.90	36.33
	100m:	1:07.19	35.39	200m:	2:19.73	36.48	300m:	3:32.57	36.42	400m:	4:44.79	35.89
23.	MILAN, Emma			08	Federazione Ticinese di Nuoto				4:44.99	563		
	50m:	31.44	31.44	150m:	1:42.01	35.72	250m:	2:55.61	36.62	350m:	4:09.40	36.47
	100m:	1:06.29	34.85	200m:	2:18.99	36.98	300m:	3:32.93	37.32	400m:	4:44.99	35.59
24.	TOSQUELLA VILARDOSA, Blau			10	C.N. Cervera				4:45.09	562		
	50m:	32.44	32.44	150m:	1:43.87	35.79	250m:	2:56.17	36.06	350m:	4:09.89	36.91
	100m:	1:08.08	35.64	200m:	2:20.11	36.24	300m:	3:32.98	36.81	400m:	4:45.09	35.20
25.	BERTRAN IZQUIERDO, Aida			96	C.N. Atlètic-Barceloneta				4:45.16	562		
	50m:	32.04	32.04	150m:	1:42.97	35.57	250m:	2:54.76	35.61	350m:	4:08.04	36.47
	100m:	1:07.40	35.36	200m:	2:19.15	36.18	300m:	3:31.57	36.81	400m:	4:45.16	37.12
26.	BENITO CASTELLO, Mar			08	C.N. Lleida				4:45.56	560		
	50m:	32.01	32.01	150m:	1:43.68	35.79	250m:	2:56.87	36.32	350m:	4:10.30	36.49
	100m:	1:07.89	35.88	200m:	2:20.55	36.87	300m:	3:33.81	36.94	400m:	4:45.56	35.26
27.	GRAU LOPEZ DE LA OSA, Paula			04	C.N. L´ Hospitalet				4:46.09	556		
	50m:	32.50	32.50	150m:	1:42.95	35.19	250m:	2:55.06	35.20	350m:	4:09.61	36.23
	100m:	1:07.76	35.26	200m:	2:19.86	36.91	300m:	3:33.38	38.32	400m:	4:46.09	36.48
28.	CRUZ GARUZ, Laia			09	C.N. Granollers				4:46.66	553		
	50m:	32.49	32.49	150m:	1:44.94	36.86	250m:	2:58.10	36.33	350m:	4:11.41	36.35
	100m:	1:08.08	35.59	200m:	2:21.77	36.83	300m:	3:35.06	36.96	400m:	4:46.66	35.25
29.	EZPELETA BOFILL, Paula			04	C.E. Mediterrani				4:46.84	552		
	50m:	32.24	32.24	150m:	1:43.87	36.20	250m:	2:57.39	36.66	350m:	4:11.10	36.65
	100m:	1:07.67	35.43	200m:	2:20.73	36.86	300m:	3:34.45	37.06	400m:	4:46.84	35.74
30.	MOSQUERA SORIANO, Paula			10	C.N. Granollers				4:49.65	536		
	50m:	33.32	33.32	150m:	1:44.42	35.76	250m:	2:57.14	36.50	350m:	4:12.80	37.92
	100m:	1:08.66	35.34	200m:	2:20.64	36.22	300m:	3:34.88	37.74	400m:	4:49.65	36.85
31.	TODOROVA DIMITROVA, Martina			08	C.E.N.Balaguer				4:49.74	536		
	50m:	33.81	33.81	150m:	1:46.61	36.75	250m:	3:00.36	36.71	350m:	4:14.10	36.59
	100m:	1:09.86	36.05	200m:	2:23.65	37.04	300m:	3:37.51	37.15	400m:	4:49.74	35.64
32.	DOS SANTOS CATALAN, Chloe			09	C.N. Sabadell				4:53.25	517		
	50m:	32.63	32.63	150m:	1:45.41	36.65	250m:	3:00.04	36.86	350m:	4:15.14	37.06
	100m:	1:08.76	36.13	200m:	2:23.18	37.77	300m:	3:38.08	38.04	400m:	4:53.25	38.11
33.	MAESTRO LORENZO, Alba			02	C.N. L´ Hospitalet				4:53.57	515		
	50m:	33.14	33.14	150m:	1:46.04	36.66	250m:	3:00.64	37.61	350m:	4:16.55	37.73
	100m:	1:09.38	36.24	200m:	2:23.03	36.99	300m:	3:38.82	38.18	400m:	4:53.57	37.02
34.	MIRALLES BONADA, Ona			09	C.N. Sabadell				4:56.60	499		
	50m:	33.36	33.36	150m:	1:47.11	37.48	250m:	3:03.31	38.24	350m:	4:19.30	38.10
	100m:	1:09.63	36.27	200m:	2:25.07	37.96	300m:	3:41.20	37.89	400m:	4:56.60	37.30

Sponsor principal

Sponsors institucionals

Acreditacions

Prova 19, Fem., 400m Lliure, Open

Classificació	ANY								Temps	Pts
35. PRUNES ARNAU, Jana	07 C.N. Mataro								4:58.43	490
50m: 33.83 33.83	150m: 1:47.90	37.20	250m: 3:03.88	37.95	350m: 4:20.72	38.08				
100m: 1:10.70 36.87	200m: 2:25.93	38.03	300m: 3:42.64	38.76	400m: 4:58.43	37.71				
36. RIU GIL, Valeria	09 C.E.N. Cabrera De Mar								5:00.38	481
50m: 33.78 33.78	150m: 1:47.50	36.76	250m: 3:04.98	38.59	350m: 4:22.18	38.13				
100m: 1:10.74 36.96	200m: 2:26.39	38.89	300m: 3:44.05	39.07	400m: 5:00.38	38.20				
37. FARRE CAPELL, Carla	09 C.N. Tarrega								5:04.91	460
50m: 34.83 34.83	150m: 1:52.24	38.12	250m: 3:09.80	38.26	350m: 4:26.95	37.79				
100m: 1:14.12 39.29	200m: 2:31.54	39.30	300m: 3:49.16	39.36	400m: 5:04.91	37.96				
38. FERNANDEZ VALDIVIESO, Alba	06 C.N. Mataro								5:13.63	422
50m: 33.49 33.49	150m: 1:49.69	38.69	250m: 3:10.86	40.53	350m: 4:33.11	40.78				
100m: 1:11.00 37.51	200m: 2:30.33	40.64	300m: 3:52.33	41.47	400m: 5:13.63	40.52				
DNS MANTEGANI, Sofia	09 Federazione Ticinese di Nuoto									
BX MATTHEY-JAQUET, Iris	88 C.N. Mataro									