

Prova 30
 16/2/2025 - 18:11

Fem., 400m Estils

 Open
 Resultats

Rècord de Catalunya	4:31.21	, BELMONTE GARCIA MIREIA	BARCELONA	4/8/2013
Circuit Català de Trofeus	4:37.36	BELMONTE GARCIA, MIREIA	SABADELL	4/3/2012

Punts: AQUA 2025

Classificació	ANY								Temps		Pts
1.	PUJADAS RUSIÑOL, Julia	01	C.N. Granollers						4:53.76		728
	50m: 30.11 30.11	150m: 1:42.86	38.66	250m: 3:03.68	42.75	350m: 4:20.84	34.08				
	100m: 1:04.20 34.09	200m: 2:20.93	38.07	300m: 3:46.76	43.08	400m: 4:53.76	32.92				
2.	ABEL-THIEBAUT, Rosalie	07	Canet 66 Natation						4:59.49		687
	50m: 31.32 31.32	150m: 1:47.28	39.88	250m: 3:08.11	41.72	350m: 4:25.87	34.95				
	100m: 1:07.40 36.08	200m: 2:26.39	39.11	300m: 3:50.92	42.81	400m: 4:59.49	33.62				
3.	GIRALT PIDEMONT, Claudia	01	C.N. L´ Hospitalet						5:06.53		641
	50m: 32.23 32.23	150m: 1:50.47	41.35	250m: 3:13.51	42.85	350m: 4:32.99	36.34				
	100m: 1:09.12 36.89	200m: 2:30.66	40.19	300m: 3:56.65	43.14	400m: 5:06.53	33.54				
4.	PEREZ GARRIDO, Claudia	09	C.N. Mataro						5:23.51		545
	50m: 33.17 33.17	150m: 1:54.61	42.90	250m: 3:22.57	46.12	350m: 4:47.58	37.61				
	100m: 1:11.71 38.54	200m: 2:36.45	41.84	300m: 4:09.97	47.40	400m: 5:23.51	35.93				
5.	MANGAS JIMENEZ, Claudia	08	C.N. Granollers						5:26.81		529
	50m: 34.35 34.35	150m: 1:56.75	42.86	250m: 3:24.38	45.12	350m: 4:48.61	38.47				
	100m: 1:13.89 39.54	200m: 2:39.26	42.51	300m: 4:10.14	45.76	400m: 5:26.81	38.20				
6.	LERIN GRACIA, Andrea	11	C.N. Granollers						5:27.38		526
	50m: 36.23 36.23	150m: 1:59.97	41.92	250m: 3:26.11	45.49	350m: 4:51.22	38.22				
	100m: 1:18.05 41.82	200m: 2:40.62	40.65	300m: 4:13.00	46.89	400m: 5:27.38	36.16				
7.	CAÑETE MOA, Alba	09	C.N. Mataro						5:29.42		516
	50m: 32.99 32.99	150m: 1:58.19	45.73	250m: 3:27.01	44.64	350m: 4:51.82	38.98				
	100m: 1:12.46 39.47	200m: 2:42.37	44.18	300m: 4:12.84	45.83	400m: 5:29.42	37.60				
8.	SUÑÉ PALACIOS, Auria	08	C.N. Manresa						5:32.22		503
	50m: 33.37 33.37	150m: 1:57.04	44.28	250m: 3:30.55	49.92	350m: 4:56.13	35.64				
	100m: 1:12.76 39.39	200m: 2:40.63	43.59	300m: 4:20.49	49.94	400m: 5:32.22	36.09				
9.	TALAVERA MUÑOZ, Laia	09	C.N. Terrassa						5:34.47		493
	50m: 34.75 34.75	150m: 1:59.43	42.91	250m: 3:30.20	47.75	350m: 4:56.12	38.04				
	100m: 1:16.52 41.77	200m: 2:42.45	43.02	300m: 4:18.08	47.88	400m: 5:34.47	38.35				
10.	BENITO CASTELLO, Mar	08	C.N. Lleida						5:35.45		489
	50m: 33.10 33.10	150m: 2:00.00	44.78	250m: 3:34.92	50.81	350m: 5:01.24	35.66				
	100m: 1:15.22 42.12	200m: 2:44.11	44.11	300m: 4:25.58	50.66	400m: 5:35.45	34.21				
11.	BARNEDA GONZALEZ, Sara	10	C.N. Figueres						5:38.00		478
	50m: 35.80 35.80	150m: 2:03.92	45.77	250m: 3:33.53	46.40	350m: 4:59.66	39.77				
	100m: 1:18.15 42.35	200m: 2:47.13	43.21	300m: 4:19.89	46.36	400m: 5:38.00	38.34				
12.	POLO MERENCIANO, Duna	10	C.N. Figueres						5:46.38		444
	50m: 34.84 34.84	150m: 2:02.51	44.26	250m: 3:36.31	50.28	350m: 5:08.53	39.42				
	100m: 1:18.25 43.41	200m: 2:46.03	43.52	300m: 4:29.11	52.80	400m: 5:46.38	37.85				
13.	GARCIA-CONDE LLOBET, Alexia	09	C.N. Mataro						5:47.79		439
	50m: 37.33 37.33	150m: 2:07.89	46.22	250m: 3:40.52	47.09	350m: 5:08.97	39.59				
	100m: 1:21.67 44.34	200m: 2:53.43	45.54	300m: 4:29.38	48.86	400m: 5:47.79	38.82				
14.	SANCHEZ AYMERICH, Julia	07	C.N. Manresa						5:47.82		439
	50m: 36.32 36.32	150m: 2:04.03	43.94	250m: 3:37.62	51.72	350m: 5:09.97	39.81				
	100m: 1:20.09 43.77	200m: 2:45.90	41.87	300m: 4:30.16	52.54	400m: 5:47.82	37.85				
DNS	SANMARTIN FORTUNY, Berta	11	C.E.N.Balaguer								
BX	BORSA, Matilde	08	Federazione Ticinese di Nuoto								