

Prova 27 Fem., 400m Lliure Open Resultats
 26/1/2025 - 18:00

Rècord d'Espanya	4:02.47	, COSTA SCHMID MELANIE	BARCELONA	28/7/2013
Rècord de Catalunya	4:03.84	, BELMONTE GARCIA MIREIA	PALMA DE MALLORCA	13/4/2014
Circuit Català de Trofeus	4:06.94	BALMY, CORALIE	SABADELL	22/3/2014

Punts: AQUA 2025

Classificació	ANY		Temps		Pts
1. CARRON MUIÑA, Carla	05	C.N. Sant Andreu	4:19.44	746	
50m: 29.97 29.97	150m: 1:35.20 32.46	250m: 2:40.70 32.79	350m: 3:46.37 32.60		
100m: 1:02.74 32.77	200m: 2:07.91 32.71	300m: 3:13.77 33.07	400m: 4:19.44 33.07		
2. ROSELL DIEZ, Ona	09	C.N. Tarraco	4:22.69	719	
50m: 30.01 30.01	150m: 1:36.09 32.85	250m: 2:42.04 32.79	350m: 3:49.62 33.71		
100m: 1:03.24 33.23	200m: 2:09.25 33.16	300m: 3:15.91 33.87	400m: 4:22.69 33.07		
3. MUÑOZ ARMENGOU, Julia	07	C.N. Atl Barceloneta	4:26.42	689	
50m: 30.43 30.43	150m: 1:37.31 33.66	250m: 2:45.08 33.95	350m: 3:53.04 33.98		
100m: 1:03.65 33.22	200m: 2:11.13 33.82	300m: 3:19.06 33.98	400m: 4:26.42 33.38		
4. CARRASCO CADENS, Emma	05	C.N. Sant Andreu	4:29.42	666	
50m: 30.88 30.88	150m: 1:39.10 34.29	250m: 2:48.23 34.36	350m: 3:57.30 34.69		
100m: 1:04.81 33.93	200m: 2:13.87 34.77	300m: 3:22.61 34.38	400m: 4:29.42 32.12		
5. LLORACH FUSTES, Martina	08	C.N. Igualada	4:31.90	648	
50m: 30.83 30.83	150m: 1:37.53 33.58	250m: 2:46.60 34.59	350m: 3:57.34 35.59		
100m: 1:03.95 33.12	200m: 2:12.01 34.48	300m: 3:21.75 35.15	400m: 4:31.90 34.56		
6. CONESA PRIETO, Abril	00	C.N. Sabadell	4:35.04	626	
50m: 32.06 32.06	150m: 1:41.64 34.93	250m: 2:51.20 34.52	350m: 4:00.76 34.81		
100m: 1:06.71 34.65	200m: 2:16.68 35.04	300m: 3:25.95 34.75	400m: 4:35.04 34.28		
7. ESPINOSA ALVAREZ, Aroa	08	C.N. Terrassa	4:35.91	620	
50m: 31.43 31.43	150m: 1:40.77 34.71	250m: 2:51.59 35.26	350m: 4:02.66 35.26		
100m: 1:06.06 34.63	200m: 2:16.33 35.56	300m: 3:27.40 35.81	400m: 4:35.91 33.25		
8. IWAN, Clàudia	10	C.N. Navàs	4:36.04	620	
50m: 31.30 31.30	150m: 1:40.40 34.89	250m: 2:51.86 35.50	350m: 4:02.08 35.38		
100m: 1:05.51 34.21	200m: 2:16.36 35.96	300m: 3:26.70 34.84	400m: 4:36.04 33.96		
9. PALOMINO SUCARRATS, Laia	07	C.N. Sabadell	4:40.16	593	
50m: 31.09 31.09	150m: 1:40.48 34.74	250m: 2:51.48 35.27	350m: 4:04.65 36.60		
100m: 1:05.74 34.65	200m: 2:16.21 35.73	300m: 3:28.05 36.57	400m: 4:40.16 35.51		
10. RHALMANE HMIDI, Yasmin	10	C.N. Sant Andreu	4:40.33	591	
50m: 32.56 32.56	150m: 1:43.00 35.25	250m: 2:54.21 35.67	350m: 4:05.79 35.76		
100m: 1:07.75 35.19	200m: 2:18.54 35.54	300m: 3:30.03 35.82	400m: 4:40.33 34.54		
11. MAYMÍ CASANOVA, Flàvia	08	C.N. Barcelona	4:40.91	588	
50m: 32.55 32.55	150m: 1:42.57 35.12	250m: 2:54.09 35.76	350m: 4:06.90 36.52		
100m: 1:07.45 34.90	200m: 2:18.33 35.76	300m: 3:30.38 36.29	400m: 4:40.91 34.01		
12. PADILLA GARCÍA, Martina	09	C.N. Granollers	4:40.94	588	
50m: 32.31 32.31	150m: 1:43.17 35.54	250m: 2:55.09 36.12	350m: 4:06.81 35.48		
100m: 1:07.63 35.32	200m: 2:18.97 35.80	300m: 3:31.33 36.24	400m: 4:40.94 34.13		
13. DE MIGUEL GOMEZ, Ona	09	C.N. Sabadell	4:44.40	566	
50m: 31.67 31.67	150m: 1:42.68 36.18	250m: 2:55.43 36.22	350m: 4:08.71 36.59		
100m: 1:06.50 34.83	200m: 2:19.21 36.53	300m: 3:32.12 36.69	400m: 4:44.40 35.69		
14. GRESELY SALETA, Victoria	09	C.N. Mataró	4:45.67	559	
50m: 31.50 31.50	150m: 1:42.44 35.29	250m: 2:55.15 36.00	350m: 4:09.09 36.26		
100m: 1:07.15 35.65	200m: 2:19.15 36.71	300m: 3:32.83 37.68	400m: 4:45.67 36.58		

Piscina 50mts i cronometratge automàtic

Prova 27, Fem., 400m Lliure, Open

Classificació			ANY					Temps	Pts		
15.	BENITO CASTELLÓ, Mar		08	C.N. Lleida				4:48.55	542		
	50m:	32.86 32.86	150m:	1:45.11	36.98	250m:	2:59.16	37.08	350m:	4:13.92	37.50
	100m:	1:08.13 35.27	200m:	2:22.08	36.97	300m:	3:36.42	37.26	400m:	4:48.55	34.63
16.	GRAU LOPEZ DE LA OSA, Paula		04	C.N. L'Hospitalet				4:49.42	537		
	50m:	32.43 32.43	150m:	1:44.53	36.36	250m:	2:59.53	37.21	350m:	4:14.54	37.56
	100m:	1:08.17 35.74	200m:	2:22.32	37.79	300m:	3:36.98	37.45	400m:	4:49.42	34.88
17.	VIDAL MERINO, Julia		07	C.N. Granollers				4:52.27	522		
	50m:	33.61 33.61	150m:	1:47.19	36.94	250m:	3:01.39	36.72	350m:	4:15.61	37.00
	100m:	1:10.25 36.64	200m:	2:24.67	37.48	300m:	3:38.61	37.22	400m:	4:52.27	36.66
18.	MATTHEY-JAQUET, Iris		88	C.N. Mataró				4:53.78	514		
	50m:	32.71 32.71	150m:	1:45.34	36.84	250m:	3:00.55	37.78	350m:	4:16.39	37.79
	100m:	1:08.50 35.79	200m:	2:22.77	37.43	300m:	3:38.60	38.05	400m:	4:53.78	37.39
BX	EZPELETA BOFILL, Paula		04	C.E. Mediterrani							
BX	CARMONA VILLAPLANA, Marta		05	C.N. Barcelona							
BX	NAVARRO GALAN, Martina		09	C.N. Sant Andreu							
BX	CAMPABADAL AMEZCUA, Ainhoa		03	C.N. Sant Andreu							
BX	TORREJON GASCON, Xenia		06	C.N. Sant Andreu							
BX	RIZO ROVIRA, Mireia		06	C.N. Terrassa							