

Prova 28
13/04/2025 - 16:36

Masc., 400m Lliure

Open
Resultats Final

Rècord Espanya	3:47.29	CARLOS GARACH, BENITO		Palma de Mallorca	22/06/2024
Rècord Catalunya	3:50.46	FERRAN JULIA, TOUS		Palma de Mallorca	22/06/2024
Rècord Campionat Catalunya OPEN	3:52.67	DURAN NAVIA, Miguel	ESP	TERRASSA	17/01/2020
Circuit Català de Trofeus	3:51.86	DURAN NAVIA, Miguel	ESP	BARCELONA	15/02/2020

Punts: AQUA 2025

Classificació	ANY										Temps	Pts	
1. JULIA TOUS, Ferran	00	C.N. Sabadell									3:58.94	781	35,00
50m: 27.80 27.80	150m: 1:28.03	30.54	250m: 2:29.79	30.89	350m: 3:29.85	29.34							
100m: 57.49 29.69	200m: 1:58.90	30.87	300m: 3:00.51	30.72	400m: 3:58.94	29.09							
2. PUEBLA MARTINEZ, Alejandro	02	C.N. Barcelona									4:00.24	768	33,00
50m: 27.83 27.83	150m: 1:28.08	30.28	250m: 2:29.32	30.64	350m: 3:30.61	30.54							
100m: 57.80 29.97	200m: 1:58.68	30.60	300m: 3:00.07	30.75	400m: 4:00.24	29.63							
3. ESCRITS MAÑOSA, Lluís	01	C.N. Granollers									4:02.61	746	31,00
50m: 28.66 28.66	150m: 1:30.37	31.13	250m: 2:32.07	30.65	350m: 3:33.39	30.80							
100m: 59.24 30.58	200m: 2:01.42	31.05	300m: 3:02.59	30.52	400m: 4:02.61	29.22							
4. SANCHEZ GONZALEZ, Marcos	04	C.N. Sabadell									4:03.83	735	29,00
50m: 28.20 28.20	150m: 1:29.95	31.14	250m: 2:32.06	30.99	350m: 3:34.05	30.68							
100m: 58.81 30.61	200m: 2:01.07	31.12	300m: 3:03.37	31.31	400m: 4:03.83	29.78							
5. ROSELL DIEZ, Martí	07	C.N. Tarraco									4:04.50	729	28,00
50m: 28.02 28.02	150m: 1:29.13	30.80	250m: 2:31.86	31.28	350m: 3:34.76	31.25							
100m: 58.33 30.31	200m: 2:00.58	31.45	300m: 3:03.51	31.65	400m: 4:04.50	29.74							
6. NEVADO RUIZ, Pablo	06	C.N. Sabadell									4:06.23	713	27,00
50m: 28.47 28.47	150m: 1:29.60	30.82	250m: 2:32.28	31.71	350m: 3:35.42	31.25							
100m: 58.78 30.31	200m: 2:00.57	30.97	300m: 3:04.17	31.89	400m: 4:06.23	30.81							
7. JIMENEZ RISQUEZ, Alex	06	C.N. Sabadell									4:08.24	696	-
50m: 28.35 28.35	150m: 1:30.02	30.96	250m: 2:32.83	31.43	350m: 3:36.64	31.81							
100m: 59.06 30.71	200m: 2:01.40	31.38	300m: 3:04.83	32.00	400m: 4:08.24	31.60							
8. RAMIA VIVES, Guillem	02	C.N. Terrassa									4:08.93	690	26,00
50m: 27.92 27.92	150m: 1:29.04	30.87	250m: 2:32.16	31.41	350m: 3:36.60	32.78							
100m: 58.17 30.25	200m: 2:00.75	31.71	300m: 3:03.82	31.66	400m: 4:08.93	32.33							
9. SANTIAGO BETANCOR, Raul	97	C.N. Granollers									4:10.62	677	25,00
50m: 29.09 29.09	150m: 1:32.14	31.74	250m: 2:35.58	31.31	350m: 3:38.45	31.52							
100m: 1:00.40 31.31	200m: 2:04.27	32.13	300m: 3:06.93	31.35	400m: 4:10.62	32.17							
DNS GASOL GUTIERREZ, Biel	08	C.N. Granollers											24,00