

Prova 25  
18/1/2026 - 10:05

Masc., 400m Estils

2006 i majors  
Resultats

CR 4:42.51 DIAZ MERCADO, Zigor ESP SABADELL 8/1/2022

Punts: AQUA Master 2025

Classificació	ANY	Temps	Punts CAT
<b>30+</b>			
1. PENEDES FRADERA, Marti	96 C.E.N. Cabrera De Mar	<b>4:51.68</b>	676
50m: 30.11 30.11 150m: 1:43.16 38.26 250m: 3:00.46 40.47 350m: 4:17.05 35.68			
100m: 1:04.90 34.79 200m: 2:19.99 36.83 300m: 3:41.37 40.91 400m: 4:51.68 34.63			
2. COLORADO SANCHEZ, Raul	92 C.E. Panteres Grogues	<b>5:19.32</b>	515
50m: 31.95 31.95 150m: 1:48.91 40.11 250m: 3:16.09 46.71 350m: 4:41.88 38.41			
100m: 1:08.80 36.85 200m: 2:29.38 40.47 300m: 4:03.47 47.38 400m: 5:19.32 37.44			
<b>35+</b>			
1. GUTIERREZ MARTINEZ, Javier	90 Club Natació Swimfaster Salt	<b>4:59.09</b>	655
50m: 30.67 30.67 150m: 1:46.12 39.26 250m: 3:04.99 40.60 350m: 4:23.42 36.56			
100m: 1:06.86 36.19 200m: 2:24.39 38.27 300m: 3:46.86 41.87 400m: 4:59.09 35.67			
2. MORENO SANDIN, Jonatan	91 C.N. Cornellà	<b>5:04.61</b>	620
50m: 30.32 30.32 150m: 1:46.31 41.35 250m: 3:11.09 43.92 350m: 4:30.70 35.52			
100m: 1:04.96 34.64 200m: 2:27.17 40.86 300m: 3:55.18 44.09 400m: 5:04.61 33.91			
3. AGUILAR MARTI, Ruben	87 C.N. Aquamasters	<b>6:04.52</b>	361
50m: 36.85 36.85 150m: 2:10.06 47.13 250m: 3:49.53 52.55 350m: 5:24.75 41.55			
100m: 1:22.93 46.08 200m: 2:56.98 46.92 300m: 4:43.20 53.67 400m: 6:04.52 39.77			
<b>40+</b>			
BX SILES CHINCHILLA, Marcos	84 C.N. Prat Llobregat		
<b>45+</b>			
1. RIOS PRIETO, David	77 C.N. Aquamasters	<b>5:15.63</b>	635
50m: 34.72 34.72 150m: 1:55.28 40.74 250m: 3:19.51 44.65 350m: 4:40.88 36.22			
100m: 1:14.54 39.82 200m: 2:34.86 39.58 300m: 4:04.66 45.15 400m: 5:15.63 34.75			
2. GONZALEZ LAMPURDANES, Ismael	78 C.N. Tarraco	<b>6:01.36</b>	423
50m: 39.50 39.50 150m: 2:12.56 48.22 250m: 3:49.43 49.39 350m: 5:20.85 41.51			
100m: 1:24.34 44.84 200m: 3:00.04 47.48 300m: 4:39.34 49.91 400m: 6:01.36 40.51			
<b>50+</b>			
1. TALAVERA GUADAYOL, Jordi	76 C.N. Terrassa	<b>5:12.69</b>	639
50m: 32.14 32.14 150m: 1:50.77 41.77 250m: 3:17.71 45.78 350m: 4:38.99 35.81			
100m: 1:09.00 36.86 200m: 2:31.93 41.16 300m: 4:03.18 45.47 400m: 5:12.69 33.70			
2. GABARRO ROSELL, Lluís	74 C.N. Sabadell	<b>6:01.06</b>	415
50m: 37.54 37.54 150m: 2:11.33 49.95 250m: 3:50.39 51.25 350m: 5:22.52 41.04			
100m: 1:21.38 43.84 200m: 2:59.14 47.81 300m: 4:41.48 51.09 400m: 6:01.06 38.54			
<b>55+</b>			
1. ORTIZ CABALLERO, Adolfo	69 C.N. L' Hospitalet	<b>5:33.48</b>	656
50m: 34.91 34.91 150m: 1:57.75 44.82 250m: 3:28.66 48.08 350m: 4:56.61 39.59			
100m: 1:12.93 38.02 200m: 2:40.58 42.83 300m: 4:17.02 48.36 400m: 5:33.48 36.87			
2. GUIRAL CUGAT, Ramon	69 C.N. Aquamasters	<b>6:00.30</b>	520
50m: 38.46 38.46 150m: 2:11.01 47.18 250m: 3:50.23 54.28 350m: 5:22.98 38.12			
100m: 1:23.83 45.37 200m: 2:55.95 44.94 300m: 4:44.86 54.63 400m: 6:00.30 37.32			

Piscina 25mts i cronometratge automàtic

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Prova 25, Masc., 400m Estils, 55+

Classificació	ANY								Temps	Punts CAT	
3. RIBON CALABIA, Enrique	68 C.N. Aquamasters								<b>6:54.36</b>	342	
50m:	49.90	49.90	150m:	2:37.22	54.86	250m:	4:26.75	55.36	350m:	6:08.68	47.53
100m:	1:42.36	52.46	200m:	3:31.39	54.17	300m:	5:21.15	54.40	400m:	6:54.36	45.68

60+

1. CARALT RIERA, Miquel	65 C.N. Aquamasters								<b>6:33.08</b>	465	
50m:	40.26	40.26	150m:	2:18.91	52.99	250m:	4:07.49	56.78	350m:	5:48.53	45.30
100m:	1:25.92	45.66	200m:	3:10.71	51.80	300m:	5:03.23	55.74	400m:	6:33.08	44.55
2. GARRIDO CASADO, Antonio	62 Club Nagi								<b>8:16.00</b>	231	
50m:	1:00.77	1:00.77	150m:	3:18.50	1:05.06	250m:	5:31.00	1:08.45	350m:	7:30.09	49.81
100m:	2:13.44	1:12.67	200m:	4:22.55	1:04.05	300m:	6:40.28	1:09.28	400m:	8:16.00	45.91