

Prova 24

Masc., 400m Estils

Absolut

28/03/2026 - 18:14

Resultats Final

Rècord Espanya	4:12.67	JOAN LLUIS PONS, RAMON	TOKYO (JPN)	24/07/2021
Rècord Catalunya	4:16.98	NUÑEZ MOLANO, JAVIER	PALMA MALLORCA	04/04/2008
Circuit Català de Trofeus	4:19.02	BOGGIATTO, ALESSIO	SABADELL	14/02/2009
Rècord Campionat	4:20.00	, ALESSIO BOGGIATTO	CCOPEN	23/02/2008

Punts: AQUA 2026

Classificació	ANY		Temps								Pts	CCOI
1. MIRA ALBALADEJO, Diego <i>Rècord Campionat</i>	01	C.N. Sabadell	4:19.48								816	35,00
50m:	27.28	27.28	150m:	1:30.51	32.20	250m:	2:39.76	36.80	350m:	3:48.70	30.89	
100m:	58.31	31.03	200m:	2:02.96	32.45	300m:	3:17.81	38.05	400m:	4:19.48	30.78	
2. GONZALEZ DE OLIVEIRA, Hugo	99	C.N. Terrassa	4:27.31								746	33,00
50m:	26.74	26.74	150m:	1:33.14	35.53	250m:	2:45.81	37.82	350m:	3:55.75	32.25	
100m:	57.61	30.87	200m:	2:07.99	34.85	300m:	3:23.50	37.69	400m:	4:27.31	31.56	
3. MORALES CEBEY, Hector	02	C.N. Terrassa	4:29.62								727	31,00
50m:	27.87	27.87	150m:	1:34.47	35.26	250m:	2:48.29	38.59	350m:	3:59.27	31.77	
100m:	59.21	31.34	200m:	2:09.70	35.23	300m:	3:27.50	39.21	400m:	4:29.62	30.35	
4. CASTEJON RAMIREZ, Alex	98	C.N. Sabadell	4:33.55								696	29,00
50m:	29.32	29.32	150m:	1:39.78	36.71	250m:	2:53.13	37.47	350m:	4:03.09	32.69	
100m:	1:03.07	33.75	200m:	2:15.66	35.88	300m:	3:30.40	37.27	400m:	4:33.55	30.46	
5. PARRA ESTRADE, Arnau	07	C.N. Sabadell	4:35.37								682	28,00
50m:	28.75	28.75	150m:	1:37.80	36.59	250m:	2:54.40	40.24	350m:	4:05.95	30.31	
100m:	1:01.21	32.46	200m:	2:14.16	36.36	300m:	3:35.64	41.24	400m:	4:35.37	29.42	
6. CUEN SIBILA, Biel	07	C.N. Sant Andreu	4:35.50								681	27,00
50m:	28.50	28.50	150m:	1:35.91	34.78	250m:	2:52.02	42.57	350m:	4:06.34	31.00	
100m:	1:01.13	32.63	200m:	2:09.45	33.54	300m:	3:35.34	43.32	400m:	4:35.50	29.16	
7. ROCH VACCARO, Oliver	08	C.N. Terrassa	4:42.34								633	26,00
50m:	28.50	28.50	150m:	1:39.28	37.68	250m:	2:56.56	40.58	350m:	4:10.54	32.71	
100m:	1:01.60	33.10	200m:	2:15.98	36.70	300m:	3:37.83	41.27	400m:	4:42.34	31.80	
8. FERNANDEZ SIMO, Eric	05	C.N. Granollers	4:45.18								614	25,00
50m:	30.32	30.32	150m:	1:43.91	39.13	250m:	3:02.28	40.00	350m:	4:14.61	31.85	
100m:	1:04.78	34.46	200m:	2:22.28	38.37	300m:	3:42.76	40.48	400m:	4:45.18	30.57	
9. SERNA IZQUIERDO, Arnau	05	C.N. Mataro	4:53.65								563	24,00
50m:	30.48	30.48	150m:	1:46.29	39.98	250m:	3:05.88	40.58	350m:	4:22.31	34.48	
100m:	1:06.31	35.83	200m:	2:25.30	39.01	300m:	3:47.83	41.95	400m:	4:53.65	31.34	
10. ELIES VAZQUEZ, Pau	03	C.N. Athletic-Barceloneta	4:54.92								555	23,00
50m:	29.50	29.50	150m:	1:42.76	38.37	250m:	3:03.23	43.52	350m:	4:21.87	35.30	
100m:	1:04.39	34.89	200m:	2:19.71	36.95	300m:	3:46.57	43.34	400m:	4:54.92	33.05	