

Prova 28 Masc., 400m Lliure Absolut
29/03/2026 - 9:52 Llistat de sortida Prelim

Rècord Espanya	3:47.29	CARLOS GARACH, BENITO		Palma de Mallorca	22/06/2024
Rècord Catalunya	3:50.46	FERRAN JULIA, TOUS		Palma de Mallorca	22/06/2024
Circuit Català de Trofeus	3:51.86	DURAN NAVIA, Miguel	ESP	BARCELONA	15/02/2020
Rècord Campionat	3:52.67	DURAN NAVIA, Miguel	ESP	TERRASSA	17/01/2020

ANY

Sèrie 1 de 5

0				
1				
2	LOBO MARTINEZ, Victor	10	C.N. Terrassa	4:18.73 25m
3	GARCIA MORALES, Arnau	08	C.N. Calella	4:17.67 25m
4	CASTRO VALLE, Cesar	99	C.N. Terrassa	3:46.71 25m
5	MORALES CEBEY, Hector	02	C.N. Terrassa	4:01.75 25m
6	MATA SOLE, Nil	09	C.N. Vilafranca	4:18.33 25m
7				
8				
9				

Sèrie 2 de 5

0	TAPIAS MARTINEZ, Alejandro	10	C.N. Cerdanyola	4:25.68 50m
1	HERRERO CASTELLANOS, Unai	09	C.N. Sabadell	4:24.93 50m
2	GARCIA NARES, Joan Manel	10	C.N. Granollers	4:23.21 50m
3	MARTIN HUERTAS, Roger	10	C.N. Tarrega	4:20.96 50m
4	HUGUET PINO, Daniel	09	C.N. Premia	4:19.38 50m
5	NOMDEDEU LOPEZ, Joan	07	C.E. Mediterrani	4:20.68 50m
6	OLIVEIRA LARA, Aran	09	C.N. Sabadell	4:22.42 50m
7	NOSAS HERNANDO, Marti	10	C.E.N. Balaguer	4:23.45 50m
8	CHIVA REGALADO, Jaume	08	C.N. Athletic-Barceloneta	4:25.63 50m
9	LOPEZ ALCALA, Marti	07	C.N. Cornella	4:27.34 50m

Sèrie 3 de 5

0	GARCIA MARTIN, Mario	09	C.N. L´ Hospitalet	4:17.48 50m
1	RIERA GARCIA, Pablo	04	C.E.N. Cabrera De Mar	4:16.35 50m
2	SAMBRUNO SAEZ, Fabio	09	C.N. Granollers	4:15.11 50m
3	FARRE CORTADA, Joel	08	C.E.N. Balaguer	4:14.35 50m
4	IBAÑEZ PINA, Nil	03	C.N. Granollers	4:12.04 50m
5	CORONA EDO, Xavi	09	C.N. Sabadell	4:14.21 50m
6	OLIVER SAGUE, Aniol	08	C.N. Figueres	4:15.03 50m
7	DORADO TOMAS, Pablo	10	C.N. L´ Hospitalet	4:15.72 50m
8	HERNANDEZ DOMINGUEZ, Alexar	09	C.N. Terrassa	4:16.44 50m
9	REDONDO SORIA, Iker	06	C.N. Granollers	4:18.36 50m

Sèrie 4 de 5

0	DE LA MORA AVENI, Marc	09	C.N. VIC-Etb	4:10.11 50m
1	ROCH VACCARO, Oliver	08	C.N. Terrassa	4:06.79 50m
2	JIMENEZ RISQUEZ, Alex	06	C.N. Sabadell	4:03.15 50m
3	NEVADO RUIZ, Pablo	06	C.N. Sabadell	3:58.04 50m
4	PARRA ESTRADE, Arnau	07	C.N. Sabadell	3:56.08 50m
5	SANCHEZ GONZALEZ, Marcos	04	C.N. Sabadell	3:57.39 50m
6	ESCRITS MAÑOSA, Lluís	01	C.N. Granollers	4:00.88 50m
7	GUELL PARRAMON, Oriol	07	C.N. Banyoles	4:06.08 50m
8	FERRI BLANC, Oriol	05	C.N. Barcelona	4:09.60 50m
9	ANSON CANO, Jacobo	09	Federación Asturiana	4:11.45 50m

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Sèrie 5 de 5

0	VILASECA MARTIN, Jan	07	C.N. Terrassa	4:10.01	50m
1	NEVADO RUIZ, Hugo	08	C.N. Sabadell	4:06.34	50m
2	GASOL GUTIERREZ, Biel	08	C.N. Granollers	4:01.44	50m
3	PUEBLA MARTINEZ, Alejandro	02	C.N. Barcelona	3:57.66	50m
4	JULIA TOUS, Ferran	00	C.N. Sabadell	3:52.70	50m
5	RAMIA VIVES, Guillem	02	C.N. Terrassa	3:57.34	50m
6	CUEN SIBILA, Biel	07	C.N. Sant Andreu	3:58.85	50m
7	MORILLO LOPEZ, Ferran	05	C.E. Mediterrani	4:03.91	50m
8	RIERA CANELADA, Eloi	07	C.N. Sabadell	4:09.42	50m
9	SEGARRA MONTERO, Arnau	07	C.E. Mediterrani	4:11.21	50m