

Prova 30
 04/07/2026

Fem., 400m Estils

 Open
 Resultats

Rècord Espanya	4:31.21	BELMONTE GARCIA, MIREIA	BARCELONA	04/08/2013
Rècord Catalunya	4:31.21	BELMONTE GARCIA, MIREIA	BARCELONA	04/08/2013
Circuit Català de Trofeus	4:37.36	BELMONTE GARCIA, MIREIA	SABADELL	04/03/2012

Punts: AQUA 2026

Classificació	ANY										TempEquips Ciutat Mataró		
1.	PUJADAS RUSIÑOL, Julia				01	C.N. Sant Andreu					4:53.14	727	35,00
	50m:	29.72	29.72	150m:	1:41.26	38.29	250m:	3:02.46	43.05	350m:	4:19.90	34.25	
	100m:	1:02.97	33.25	200m:	2:19.41	38.15	300m:	3:45.65	43.19	400m:	4:53.14	33.24	
2.	DEL RIO DECABO, Carlota				09	C.N. Granollers					5:04.19	651	32,00
	50m:	31.59	31.59	150m:	1:47.44	41.22	250m:	3:11.58	46.03	350m:	4:31.57	35.03	
	100m:	1:06.22	34.63	200m:	2:25.55	38.11	300m:	3:56.54	44.96	400m:	5:04.19	32.62	
3.	COMAS ISAAC, Mae				08	C.E. Mediterrani					5:12.36	601	30,00
	50m:	31.19	31.19	150m:	1:51.62	43.03	250m:	3:15.22	42.56	350m:	4:36.49	37.70	
	100m:	1:08.59	37.40	200m:	2:32.66	41.04	300m:	3:58.79	43.57	400m:	5:12.36	35.87	
4.	HERGUEDAS GOMEZ, Adriana				10	C.N. Reus Ploms					5:12.51	600	29,00
	50m:	33.72	33.72	150m:	1:53.30	41.55	250m:	3:18.00	44.05	350m:	4:38.27	36.12	
	100m:	1:11.75	38.03	200m:	2:33.95	40.65	300m:	4:02.15	44.15	400m:	5:12.51	34.24	
5.	PRIEGO ROMERO, Noa				10	C.N. Tarrega					5:13.02	597	28,00
	50m:	32.59	32.59	150m:	1:54.34	44.39	250m:	3:19.58	42.57	350m:	4:38.41	35.90	
	100m:	1:09.95	37.36	200m:	2:37.01	42.67	300m:	4:02.51	42.93	400m:	5:13.02	34.61	
6.	ESPINOSA ALVAREZ, Aroa				08	C.N. Terrassa					5:17.57	572	27,00
	50m:	32.70	32.70	150m:	1:51.47	40.74	250m:	3:17.39	45.64	350m:	4:40.86	37.57	
	100m:	1:10.73	38.03	200m:	2:31.75	40.28	300m:	4:03.29	45.90	400m:	5:17.57	36.71	
7.	LI, Tongguoer				08	C.N. Barcelona					5:18.21	568	26,00
	50m:	32.70	32.70	150m:	1:51.76	41.85	250m:	3:21.37	49.27	350m:	4:43.24	34.03	
	100m:	1:09.91	37.21	200m:	2:32.10	40.34	300m:	4:09.21	47.84	400m:	5:18.21	34.97	
8.	BARNEDA GONZALEZ, Sara				10	C.N. Figueres					5:20.33	557	25,00
	50m:	33.50	33.50	150m:	1:54.56	42.27	250m:	3:20.17	44.08	350m:	4:43.48	38.81	
	100m:	1:12.29	38.79	200m:	2:36.09	41.53	300m:	4:04.67	44.50	400m:	5:20.33	36.85	
9.	MOSQUERA SORIANO, Paula				10	C.N. Granollers					5:23.56	541	24,00
	50m:	34.09	34.09	150m:	1:54.43	42.00	250m:	3:22.36	47.51	350m:	4:47.37	37.54	
	100m:	1:12.43	38.34	200m:	2:34.85	40.42	300m:	4:09.83	47.47	400m:	5:23.56	36.19	
10.	RAMIREZ VARELA, Giulliana Dessire				10	C.N. Barcelona					5:23.93	539	23,00
	50m:	33.91	33.91	150m:	1:57.05	44.01	250m:	3:26.24	47.49	350m:	4:48.92	36.02	
	100m:	1:13.04	39.13	200m:	2:38.75	41.70	300m:	4:12.90	46.66	400m:	5:23.93	35.01	
11.	WYPYCH, Amelia				10	C.N. Tarrega					5:28.68	516	22,00
	50m:	34.37	34.37	150m:	1:57.14	44.03	250m:	3:27.00	45.95	350m:	4:51.27	37.94	
	100m:	1:13.11	38.74	200m:	2:41.05	43.91	300m:	4:13.33	46.33	400m:	5:28.68	37.41	
12.	MANGAS JIMENEZ, Claudia				08	C.N. Granollers					5:29.62	511	21,00
	50m:	35.28	35.28	150m:	2:00.73	45.46	250m:	3:29.48	44.88	350m:	4:52.82	37.89	
	100m:	1:15.27	39.99	200m:	2:44.60	43.87	300m:	4:14.93	45.45	400m:	5:29.62	36.80	
13.	GARCIA-CONDE LLOBET, Alexia				09	C.N. Mataro					5:30.47	507	20,00
	50m:	35.08	35.08	150m:	2:00.80	44.44	250m:	3:29.34	44.88	350m:	4:52.73	38.34	
	100m:	1:16.36	41.28	200m:	2:44.46	43.66	300m:	4:14.39	45.05	400m:	5:30.47	37.74	
14.	MARTIN SUSIN, Berta				08	C.E. Mediterrani					5:30.78	506	19,00
	50m:	33.50	33.50	150m:	1:56.35	42.98	250m:	3:27.86	49.15	350m:	4:54.74	37.68	
	100m:	1:13.37	39.87	200m:	2:38.71	42.36	300m:	4:17.06	49.20	400m:	5:30.78	36.04	
15.	MARTINEZ VALLS, Clara				09	C.N. Tarrega					5:31.38	503	18,00
	50m:	34.34	34.34	150m:	1:57.58	42.69	250m:	3:26.69	48.36	350m:	4:54.01	38.59	
	100m:	1:14.89	40.55	200m:	2:38.33	40.75	300m:	4:15.42	48.73	400m:	5:31.38	37.37	
16.	GRESELY SALETA, Victoria				09	C.N. Mataro					5:32.59	498	17,00
	50m:	34.47	34.47	150m:	1:58.66	45.30	250m:	3:30.81	50.14	350m:	4:58.62	36.86	
	100m:	1:13.36	38.89	200m:	2:40.67	42.01	300m:	4:21.76	50.95	400m:	5:32.59	33.97	

Prova 30, Fem., 400m Estils, Open

Classificació	ANY								TempEquips Ciutat Mataró		
17. GARCIA VIDAL, Carla	10 C.N. L' Hospitalet								5:44.03	450	16,00
50m: 33.41 33.41	150m: 2:01.67	49.48	250m: 3:37.16	48.46	350m: 5:05.99	39.22	400m: 5:44.03	38.04			
100m: 1:12.19 38.78	200m: 2:48.70	47.03	300m: 4:26.77	49.61							
18. PEREZ GARRIDO, Claudia	09 C.N. Mataro								5:46.74	439	15,00
50m: 34.23 34.23	150m: 1:59.07	44.52	250m: 3:33.25	50.16	350m: 5:06.78	40.87	400m: 5:46.74	39.96			
100m: 1:14.55 40.32	200m: 2:43.09	44.02	300m: 4:25.91	52.66							
19. CANTERAS LEON, Jana	10 C.N. Athletic-Barceloneta								5:51.10	423	14,00
50m: 33.73 33.73	150m: 2:02.75	46.74	250m: 3:38.99	50.12	350m: 5:10.88	40.82	400m: 5:51.10	40.22			
100m: 1:16.01 42.28	200m: 2:48.87	46.12	300m: 4:30.06	51.07							
20. NARANJO VIUDEZ, Paula	07 C.N. Reus Ploms								5:53.64	414	13,00
50m: 34.69 34.69	150m: 2:02.33	45.75	250m: 3:39.20	52.60	350m: 5:13.78	40.54	400m: 5:53.64	39.86			
100m: 1:16.58 41.89	200m: 2:46.60	44.27	300m: 4:33.24	54.04							
BX PLEKHANOVA, Maria	10 C.N. Navas										-