

Prova 40
 05/07/2026

Fem., 400m Lliure

 Open
 Resultats

Rècord Espanya	4:02.47	COSTA SCHMID, MELANIE	BARCELONA	28/07/2013
Rècord Catalunya	4:03.84	BELMONTE GARCIA, MIREIA	PALMA DE MALLORCA	13/04/2014
Circuit Català de Trofeus	4:06.94	BALMY, CORALIE	SABADELL	22/03/2014

Punts: AQUA 2026

Classificació	ANY										TempEquips	Ciutat	Mataró
1.	YEGRES COTTIN, Maria Victoria				05	C.N. Barcelona					4:16.45	761	35,00
	50m:	29.17	29.17	150m:	1:33.30	32.60	300m:	3:12.96	1:06.61				
	100m:	1:00.70	31.53	200m:	2:06.35	33.05	400m:	4:16.45	1:03.49				
2.	DEL RIO DECABO, Carlota				09	C.N. Granollers					4:20.84	723	32,00
	50m:	30.91	30.91	150m:	1:36.57	33.15	250m:	2:43.18	33.02	350m:	3:49.20	32.60	
	100m:	1:03.42	32.51	200m:	2:10.16	33.59	300m:	3:16.60	33.42	400m:	4:20.84	31.64	
3.	CODONY COSTA, Blanca				10	C.N. Olot					4:22.91	706	30,00
	50m:	29.94	29.94	150m:	1:36.29	33.56	250m:	2:42.69	32.80	350m:	3:49.70	33.42	
	100m:	1:02.73	32.79	200m:	2:09.89	33.60	300m:	3:16.28	33.59	400m:	4:22.91	33.21	
4.	COLL MARTI, Julia				07	C.N. Olot					4:26.00	682	29,00
	50m:	30.24	30.24	150m:	1:36.85	33.69	250m:	2:44.05	33.30	350m:	3:52.95	34.91	
	100m:	1:03.16	32.92	200m:	2:10.75	33.90	300m:	3:18.04	33.99	400m:	4:26.00	33.05	
5.	GARCIA MORENO, Claudia				10	C.N. Granollers					4:30.51	648	28,00
	50m:	32.09	32.09	150m:	1:40.34	34.37	250m:	2:49.01	34.08	350m:	3:57.85	34.36	
	100m:	1:05.97	33.88	200m:	2:14.93	34.59	300m:	3:23.49	34.48	400m:	4:30.51	32.66	
6.	LLORACH FUSTES, Martina				08	C.N. Igualada					4:32.91	631	27,00
	50m:	31.01	31.01	150m:	1:38.36	33.87	250m:	2:47.90	34.99	350m:	3:58.34	35.00	
	100m:	1:04.49	33.48	200m:	2:12.91	34.55	300m:	3:23.34	35.44	400m:	4:32.91	34.57	
7.	RHALMANE HMIDI, Yasmin				10	C.N. Sant Andreu					4:33.35	628	26,00
	50m:	31.20	31.20	150m:	1:40.20	34.79	250m:	2:50.20	34.89	350m:	3:59.94	34.55	
	100m:	1:05.41	34.21	200m:	2:15.31	35.11	300m:	3:25.39	35.19	400m:	4:33.35	33.41	
8.	CASAMITJANA GUIXA, Andrea				10	C.N. Sabadell					4:33.51	627	25,00
	50m:	31.53	31.53	150m:	1:40.99	34.76	250m:	2:50.20	34.40	350m:	3:59.83	34.88	
	100m:	1:06.23	34.70	200m:	2:15.80	34.81	300m:	3:24.95	34.75	400m:	4:33.51	33.68	
9.	CARMONA MASERGAS, Ivet				10	C.N. Banyoles					4:33.63	626	24,00
	50m:	31.79	31.79	150m:	1:40.04	34.53	250m:	2:51.30	35.99	350m:	4:01.38	35.02	
	100m:	1:05.51	33.72	200m:	2:15.31	35.27	300m:	3:26.36	35.06	400m:	4:33.63	32.25	
10.	LI, Tongguoer				08	C.N. Barcelona					4:35.41	614	23,00
	50m:	31.17	31.17	150m:	1:37.80	33.86	250m:	2:48.72	35.59	350m:	4:00.67	35.19	
	100m:	1:03.94	32.77	200m:	2:13.13	35.33	300m:	3:25.48	36.76	400m:	4:35.41	34.74	
11.	MAYMI CASANOVA, Flavia				08	C.N. Barcelona					4:35.91	611	22,00
	50m:	30.86	30.86	150m:	1:40.95	34.96	250m:	2:51.71	35.09	350m:	4:02.23	34.74	
	100m:	1:05.99	35.13	200m:	2:16.62	35.67	300m:	3:27.49	35.78	400m:	4:35.91	33.68	
12.	DE MIGUEL GOMEZ, Ona				09	C.N. Sabadell					4:36.15	609	21,00
	50m:	31.63	31.63	150m:	1:41.31	35.24	250m:	2:51.41	34.84	350m:	4:01.90	35.35	
	100m:	1:06.07	34.44	200m:	2:16.57	35.26	300m:	3:26.55	35.14	400m:	4:36.15	34.25	
13.	GABRIEL GOMEZ, Clara				06	C.N. Sant Feliu					4:36.39	608	20,00
	50m:	30.81	30.81	150m:	1:38.56	34.51	250m:	2:49.66	35.71	350m:	4:01.37	35.89	
	100m:	1:04.05	33.24	200m:	2:13.95	35.39	300m:	3:25.48	35.82	400m:	4:36.39	35.02	
14.	GALO NOGUEIRA, Estel Xuan				04	C.N. Granollers					4:36.49	607	19,00
	50m:	33.25	33.25	150m:	1:44.45	35.52	250m:	2:54.68	34.72	350m:	4:04.45	34.81	
	100m:	1:08.93	35.68	200m:	2:19.96	35.51	300m:	3:29.64	34.96	400m:	4:36.49	32.04	
15.	GRESELY SALETA, Victoria				09	C.N. Mataro					4:36.97	604	18,00
	50m:	31.57	31.57	150m:	1:40.42	34.64	250m:	2:51.16	35.32	350m:	4:02.55	35.54	
	100m:	1:05.78	34.21	200m:	2:15.84	35.42	300m:	3:27.01	35.85	400m:	4:36.97	34.42	
16.	DELGADO GARCIA, Marta				09	C.N. Mataro					4:37.20	602	17,00
	50m:	31.06	31.06	150m:	1:41.41	35.35	250m:	2:52.51	35.80	350m:	4:03.57	35.26	
	100m:	1:06.06	35.00	200m:	2:16.71	35.30	300m:	3:28.31	35.80	400m:	4:37.20	33.63	

Prova 40, Fem., 400m Lliure, Open

Classificació	ANY				TempEquips Ciutat Mataró			
17. LIBREROS BOLIVAR, Mariana	04	C.N. Barcelona	4:37.63	600	-			
50m: 32.02 32.02 150m: 1:40.41 34.54 250m: 2:50.21 35.02 350m: 4:01.95 35.95								
100m: 1:05.87 33.85 200m: 2:15.19 34.78 300m: 3:26.00 35.79 400m: 4:37.63 35.68								
18. MATTHEY-JAQUET, Iris	88	C.N. Mataro	4:39.18	590	16,00			
50m: 31.43 31.43 150m: 1:41.03 35.49 250m: 2:52.43 35.98 350m: 4:04.25 35.98								
100m: 1:05.54 34.11 200m: 2:16.45 35.42 300m: 3:28.27 35.84 400m: 4:39.18 34.93								
19. RODRIGUEZ BOSCH, Laura	08	C.N. Banyoles	4:39.50	588	15,00			
50m: 32.14 32.14 150m: 1:41.86 34.98 250m: 2:52.35 34.99 350m: 4:03.12 35.35								
100m: 1:06.88 34.74 200m: 2:17.36 35.50 300m: 3:27.77 35.42 400m: 4:39.50 36.38								
20. DE ASSIS HASSAMO, Maria Rita	11	C.N. Sant Adria	4:39.98	585	14,00			
50m: 31.25 31.25 150m: 1:41.03 35.49 250m: 2:52.64 36.02 350m: 4:04.88 36.23								
100m: 1:05.54 34.29 200m: 2:16.62 35.59 300m: 3:28.65 36.01 400m: 4:39.98 35.10								
21. CONESA PRIETO, Abril	00	C.N. Mataro	4:40.34	582	-			
50m: 31.46 31.46 150m: 1:40.77 34.88 250m: 2:52.00 35.56 350m: 4:04.90 37.02								
100m: 1:05.89 34.43 200m: 2:16.44 35.67 300m: 3:27.88 35.88 400m: 4:40.34 35.44								
22. BENITO CASTELLO, Mar	08	C.N. Lleida	4:41.43	576	13,00			
50m: 31.83 31.83 150m: 1:41.49 35.19 250m: 2:53.92 35.99 350m: 4:06.77 36.16								
100m: 1:06.30 34.47 200m: 2:17.93 36.44 300m: 3:30.61 36.69 400m: 4:41.43 34.66								
23. VARET CANO, Audrey	06	C.N. Granollers	4:43.17	565	-			
50m: 31.90 31.90 150m: 1:42.15 35.49 250m: 2:53.87 35.99 350m: 4:07.03 36.82								
100m: 1:06.66 34.76 200m: 2:17.88 35.73 300m: 3:30.21 36.34 400m: 4:43.17 36.14								
24. HERGUEDAS GOMEZ, Adriana	10	C.N. Reus Ploms	4:44.66	556	12,00			
50m: 32.49 32.49 150m: 1:43.94 35.89 250m: 2:56.49 36.20 350m: 4:09.20 36.45								
100m: 1:08.05 35.56 200m: 2:20.29 36.35 300m: 3:32.75 36.26 400m: 4:44.66 35.46								
25. EZPELETA BOFILL, Paula	04	C.E. Mediterrani	4:45.99	549	11,00			
50m: 32.52 32.52 150m: 1:44.20 36.08 250m: 2:56.73 35.54 350m: 4:09.58 36.33								
100m: 1:08.12 35.60 200m: 2:21.19 36.99 300m: 3:33.25 36.52 400m: 4:45.99 36.41								
26. BENNETT, Nela Emily	09	C.N. VIC-Etb	4:47.48	540	10,00			
50m: 33.18 33.18 150m: 1:44.61 36.40 250m: 2:58.22 36.89 350m: 4:12.30 37.21								
100m: 1:08.21 35.03 200m: 2:21.33 36.72 300m: 3:35.09 36.87 400m: 4:47.48 35.18								
27. BEGA FERATOVIC, Alba	10	G.E. I E.G.	4:48.60	534	9,00			
50m: 32.51 32.51 150m: 1:45.35 37.13 250m: 2:59.40 37.29 350m: 4:14.26 37.31								
100m: 1:08.22 35.71 200m: 2:22.11 36.76 300m: 3:36.95 37.55 400m: 4:48.60 34.34								
28. DIAZ MUÑOZ, Queralt	10	C.N. Terrassa	4:48.82	533	8,00			
50m: 31.94 31.94 150m: 1:43.70 36.64 250m: 2:57.66 36.70 350m: 4:12.57 37.08								
100m: 1:07.06 35.12 200m: 2:20.96 37.26 300m: 3:35.49 37.83 400m: 4:48.82 36.25								
29. IWAN STAWIANA, Claudia	10	C.N. Navas	4:48.85	532	7,00			
50m: 32.44 32.44 150m: 1:44.34 36.84 250m: 2:58.03 36.96 350m: 4:12.14 36.82								
100m: 1:07.50 35.06 200m: 2:21.07 36.73 300m: 3:35.32 37.29 400m: 4:48.85 36.71								
30. VIDAL MERINO, Julia	07	C.N. Granollers	4:49.31	530	-			
50m: 32.98 32.98 150m: 1:44.60 36.23 250m: 2:58.39 36.88 350m: 4:12.18 37.01								
100m: 1:08.37 35.39 200m: 2:21.51 36.91 300m: 3:35.17 36.78 400m: 4:49.31 37.13								
31. ORTEGA ISERN, Ona	10	C.N. Reus Ploms	4:49.81	527	6,00			
50m: 32.67 32.67 150m: 1:45.98 37.30 250m: 3:00.53 36.62 350m: 4:13.80 36.40								
100m: 1:08.68 36.01 200m: 2:23.91 37.93 300m: 3:37.40 36.87 400m: 4:49.81 36.01								
32. RAMIREZ VARELA, Giulliana Dessire	10	C.N. Barcelona	4:50.23	525	-			
50m: 33.38 33.38 150m: 1:46.58 37.16 250m: 3:00.14 36.62 350m: 4:13.54 36.69								
100m: 1:09.42 36.04 200m: 2:23.52 36.94 300m: 3:36.85 36.71 400m: 4:50.23 36.69								
33. CRESPO CAMBON, Maria	08	C.N. Sant Andreu	4:52.91	511	5,00			
50m: 31.87 31.87 150m: 1:43.53 36.51 250m: 2:59.18 38.03 350m: 4:15.58 38.37								
100m: 1:07.02 35.15 200m: 2:21.15 37.62 300m: 3:37.21 38.03 400m: 4:52.91 37.33								
34. MOSQUERA SORIANO, Paula	10	C.N. Granollers	4:56.81	491	-			
50m: 33.88 33.88 150m: 1:48.06 37.36 250m: 3:03.80 38.06 350m: 4:19.63 37.85								
100m: 1:10.70 36.82 200m: 2:25.74 37.68 300m: 3:41.78 37.98 400m: 4:56.81 37.18								

Prova 40, Fem., 400m Lliure, Open

Classificació	ANY	TempEquips Ciutat Mataró
DNS YUFERA ALAEZ, Arie	10 C.N. Calella	-
BX ROCA FORTUNY, Marina	05 C.N. Granollers	-
BX CARRON MUIÑA, Carla	05 C.N. Sant Andreu	-