

Prova 14
 18/04/2026 - 18:19

Masc., 400m Lliure

 Open
 Resultats

| | | | | |
|---------------------------|---------|-----------------------|-------------------|------------|
| Rècord Espanya | 3:47.29 | CARLOS GARACH, BENITO | Palma de Mallorca | 22/06/2024 |
| Rècord Catalunya | 3:50.46 | FERRAN JULIA, TOUS | Palma de Mallorca | 22/06/2024 |
| Circuit Català de Trofeus | 3:51.86 | DURAN NAVIA, Miquel | BARCELONA | 15/02/2020 |

| Classificació | ANY | | | | | | | | Temps | | |
|--------------------------------------|---------|------------------------------|----------------|---------|-------|-------|---------|-------|-------|---------|-------|
| 1. JULIA TOUS, Ferran | 00 | C.N. Sabadell | 4:00.19 | | | | | | | | - |
| 50m: | 27.86 | 27.86 | 150m: | 1:28.98 | 30.74 | 250m: | 2:31.17 | 30.93 | 350m: | 3:31.73 | 29.02 |
| 100m: | 58.24 | 30.38 | 200m: | 2:00.24 | 31.26 | 300m: | 3:02.71 | 31.54 | 400m: | 4:00.19 | 28.46 |
| 2. CASTEJON RAMIREZ, Alex | 98 | C.N. Sabadell | 4:05.54 | | | | | | | | - |
| 50m: | 27.41 | 27.41 | 150m: | 1:28.87 | 30.95 | 250m: | 2:31.45 | 31.33 | 350m: | 3:34.66 | 31.53 |
| 100m: | 57.92 | 30.51 | 200m: | 2:00.12 | 31.25 | 300m: | 3:03.13 | 31.68 | 400m: | 4:05.54 | 30.88 |
| 3. MORILLO LOPEZ, Ferran | 05 | C.E. Mediterrani | 4:09.27 | | | | | | | | - |
| 50m: | 27.53 | 27.53 | 150m: | 1:29.29 | 31.32 | 250m: | 2:32.96 | 31.81 | 350m: | 3:38.30 | 32.59 |
| 100m: | 57.97 | 30.44 | 200m: | 2:01.15 | 31.86 | 300m: | 3:05.71 | 32.75 | 400m: | 4:09.27 | 30.97 |
| 4. RODRIGO LOPEZ, Guillem | 08 | C.N. Mataro | 4:09.53 | | | | | | | | - |
| 50m: | 28.22 | 28.22 | 150m: | 1:31.31 | 31.99 | 250m: | 2:35.67 | 32.46 | 350m: | 3:39.36 | 31.63 |
| 100m: | 59.32 | 31.10 | 200m: | 2:03.21 | 31.90 | 300m: | 3:07.73 | 32.06 | 400m: | 4:09.53 | 30.17 |
| 5. JIMENEZ RISQUEZ, Alex | 06 | C.N. Sabadell | 4:10.44 | | | | | | | | - |
| 50m: | 28.18 | 28.18 | 150m: | 1:30.11 | 31.06 | 250m: | 2:34.15 | 32.17 | 350m: | 3:39.11 | 32.39 |
| 100m: | 59.05 | 30.87 | 200m: | 2:01.98 | 31.87 | 300m: | 3:06.72 | 32.57 | 400m: | 4:10.44 | 31.33 |
| 6. FERNANDEZ SIMO, Eric | 05 | C.N. Granollers | 4:12.01 | | | | | | | | - |
| 50m: | 29.04 | 29.04 | 150m: | 1:32.47 | 31.59 | 250m: | 2:36.68 | 31.84 | 350m: | 3:40.70 | 31.82 |
| 100m: | 1:00.88 | 31.84 | 200m: | 2:04.84 | 32.37 | 300m: | 3:08.88 | 32.20 | 400m: | 4:12.01 | 31.31 |
| 7. DORADO TOMAS, Pablo | 10 | C.N. L' Hospitalet | 4:16.43 | | | | | | | | - |
| 50m: | 28.62 | 28.62 | 150m: | 1:33.24 | 32.47 | 250m: | 2:38.97 | 32.96 | 350m: | 3:44.59 | 32.84 |
| 100m: | 1:00.77 | 32.15 | 200m: | 2:06.01 | 32.77 | 300m: | 3:11.75 | 32.78 | 400m: | 4:16.43 | 31.84 |
| 8. GARCIA MARTIN, Mario | 09 | C.N. L' Hospitalet | 4:16.61 | | | | | | | | - |
| 50m: | 29.29 | 29.29 | 150m: | 1:33.94 | 32.32 | 250m: | 2:38.69 | 31.91 | 350m: | 3:44.22 | 32.45 |
| 100m: | 1:01.62 | 32.33 | 200m: | 2:06.78 | 32.84 | 300m: | 3:11.77 | 33.08 | 400m: | 4:16.61 | 32.39 |
| 9. RIERA CANELADA, Eloi | 07 | C.N. Sabadell | 4:16.88 | | | | | | | | - |
| 50m: | 28.86 | 28.86 | 150m: | 1:33.52 | 32.50 | 250m: | 2:39.41 | 32.84 | 350m: | 3:45.75 | 32.93 |
| 100m: | 1:01.02 | 32.16 | 200m: | 2:06.57 | 33.05 | 300m: | 3:12.82 | 33.41 | 400m: | 4:16.88 | 31.13 |
| 10. VELA OBIOLS, Roc | 10 | C.N. Tarraco | 4:19.36 | | | | | | | | - |
| 50m: | 28.70 | 28.70 | 150m: | 1:33.73 | 33.28 | 250m: | 2:41.07 | 33.22 | 350m: | 3:47.86 | 33.55 |
| 100m: | 1:00.45 | 31.75 | 200m: | 2:07.85 | 34.12 | 300m: | 3:14.31 | 33.24 | 400m: | 4:19.36 | 31.50 |
| 11. ORDOÑEZ VALDES, Sergi | 08 | C.N. Sant Andreu | 4:19.38 | | | | | | | | - |
| 50m: | 28.45 | 28.45 | 150m: | 1:31.16 | 32.48 | 250m: | 2:37.16 | 33.74 | 350m: | 3:45.45 | 34.62 |
| 100m: | 58.68 | 30.23 | 200m: | 2:03.42 | 32.26 | 300m: | 3:10.83 | 33.67 | 400m: | 4:19.38 | 33.93 |
| 12. VIDAL GARCIA, Adrian | 09 | Federació Valenciana Natació | 4:19.49 | | | | | | | | - |
| 50m: | 29.00 | 29.00 | 150m: | 1:33.67 | 32.48 | 250m: | 2:39.71 | 33.24 | 350m: | 3:46.78 | 33.52 |
| 100m: | 1:01.19 | 32.19 | 200m: | 2:06.47 | 32.80 | 300m: | 3:13.26 | 33.55 | 400m: | 4:19.49 | 32.71 |
| 13. AGUDELO RAMOS, Mauricio | 10 | C.N. Terrassa | 4:20.08 | | | | | | | | - |
| 50m: | 29.04 | 29.04 | 150m: | 1:33.45 | 33.07 | 250m: | 2:40.77 | 32.94 | 350m: | 3:47.99 | 33.34 |
| 100m: | 1:00.38 | 31.34 | 200m: | 2:07.83 | 34.38 | 300m: | 3:14.65 | 33.88 | 400m: | 4:20.08 | 32.09 |
| 14. SANCHEZ MARCHAN, Joan | 09 | C.N. L' Hospitalet | 4:21.91 | | | | | | | | - |
| 50m: | 29.82 | 29.82 | 150m: | 1:35.87 | 33.36 | 250m: | 2:43.12 | 33.50 | 350m: | 3:49.49 | 32.97 |
| 100m: | 1:02.51 | 32.69 | 200m: | 2:09.62 | 33.75 | 300m: | 3:16.52 | 33.40 | 400m: | 4:21.91 | 32.42 |
| 15. LOPEZ ALCALA, Marti | 07 | C.N. Cornellà | 4:28.59 | | | | | | | | - |
| 50m: | 29.88 | 29.88 | 150m: | 1:37.65 | 34.22 | 250m: | 2:46.60 | 34.44 | 350m: | 3:55.35 | 34.34 |
| 100m: | 1:03.43 | 33.55 | 200m: | 2:12.16 | 34.51 | 300m: | 3:21.01 | 34.41 | 400m: | 4:28.59 | 33.24 |
| 16. MARTINEZ QUINTERO, Cesar Alfonso | 05 | C.N. Barcelona | 4:28.61 | | | | | | | | - |
| 50m: | 30.19 | 30.19 | 150m: | 1:35.94 | 33.36 | 250m: | 2:44.19 | 34.22 | 350m: | 3:53.97 | 35.13 |
| 100m: | 1:02.58 | 32.39 | 200m: | 2:09.97 | 34.03 | 300m: | 3:18.84 | 34.65 | 400m: | 4:28.61 | 34.64 |

Prova 14, Masc., 400m Lliure, Open

| Classificació | ANY | | | | Temps | | | | |
|---------------|--------------------------------|---------------|------------------------------|----------------|-------|---------------|-------|--|--|
| 17. | YAHYIOU JAGHNINE, Othman | 08 | C.N. Reus Ploms | 4:28.73 | - | | | | |
| | 50m: 30.82 30.82 | 150m: 1:39.54 | 34.78 | 250m: 2:48.77 | 33.97 | 350m: 3:57.13 | 34.21 | | |
| | 100m: 1:04.76 33.94 | 200m: 2:14.80 | 35.26 | 300m: 3:22.92 | 34.15 | 400m: 4:28.73 | 31.60 | | |
| 18. | HERNANDEZ DOMINGUEZ, Alexander | 09 | C.N. Terrassa | 4:29.43 | - | | | | |
| | 50m: 30.14 30.14 | 150m: 1:35.75 | 33.10 | 250m: 2:43.10 | 33.40 | 350m: 3:53.46 | 35.48 | | |
| | 100m: 1:02.65 32.51 | 200m: 2:09.70 | 33.95 | 300m: 3:17.98 | 34.88 | 400m: 4:29.43 | 35.97 | | |
| 19. | PICA ROIG, Roc | 10 | C.N. Mataro | 4:32.34 | - | | | | |
| | 50m: 30.72 30.72 | 150m: 1:38.90 | 34.70 | 250m: 2:49.18 | 34.80 | 350m: 3:59.41 | 34.75 | | |
| | 100m: 1:04.20 33.48 | 200m: 2:14.38 | 35.48 | 300m: 3:24.66 | 35.48 | 400m: 4:32.34 | 32.93 | | |
| 20. | FERNANDEZ FAJARDO, Adrian | 10 | C.N. Cornellà | 4:32.57 | - | | | | |
| | 50m: 30.00 30.00 | 150m: 1:38.39 | 34.45 | 250m: 2:48.74 | 35.31 | 350m: 3:58.95 | 34.52 | | |
| | 100m: 1:03.94 33.94 | 200m: 2:13.43 | 35.04 | 300m: 3:24.43 | 35.69 | 400m: 4:32.57 | 33.62 | | |
| 21. | FEITO ARSO, Pol | 10 | C.N. Sant Andreu | 4:33.10 | - | | | | |
| | 50m: 30.25 30.25 | 150m: 1:38.52 | 34.58 | 250m: 2:48.75 | 35.61 | 350m: 3:59.05 | 34.85 | | |
| | 100m: 1:03.94 33.69 | 200m: 2:13.14 | 34.62 | 300m: 3:24.20 | 35.45 | 400m: 4:33.10 | 34.05 | | |
| 22. | MICHANS BURGUES, Alex | 07 | C.E. Inef De Lleida | 4:33.91 | - | | | | |
| | 50m: 31.03 31.03 | 150m: 1:43.04 | 36.38 | 250m: 2:52.73 | 32.88 | 350m: 4:00.41 | 33.44 | | |
| | 100m: 1:06.66 35.63 | 200m: 2:19.85 | 36.81 | 300m: 3:26.97 | 34.24 | 400m: 4:33.91 | 33.50 | | |
| 23. | PRUNES ARNAU, Jordi | 10 | C.N. Mataro | 4:35.95 | - | | | | |
| | 50m: 30.15 30.15 | 150m: 1:38.93 | 34.97 | 250m: 2:49.85 | 35.56 | 350m: 4:01.29 | 35.60 | | |
| | 100m: 1:03.96 33.81 | 200m: 2:14.29 | 35.36 | 300m: 3:25.69 | 35.84 | 400m: 4:35.95 | 34.66 | | |
| 24. | TEIXIDO JOVE, Damia | 08 | C.E. Inef De Lleida | 4:37.30 | - | | | | |
| | 50m: 31.41 31.41 | 150m: 1:43.11 | 36.82 | 250m: 2:55.63 | 36.00 | 350m: 4:06.13 | 34.57 | | |
| | 100m: 1:06.29 34.88 | 200m: 2:19.63 | 36.52 | 300m: 3:31.56 | 35.93 | 400m: 4:37.30 | 31.17 | | |
| 25. | CALERO SANCHEZ, Diego | 10 | C.N. Sabadell | 4:38.22 | - | | | | |
| | 50m: 31.66 31.66 | 150m: 1:42.57 | 35.99 | 250m: 2:54.51 | 35.81 | 350m: 4:04.41 | 34.90 | | |
| | 100m: 1:06.58 34.92 | 200m: 2:18.70 | 36.13 | 300m: 3:29.51 | 35.00 | 400m: 4:38.22 | 33.81 | | |
| 26. | SANCHEZ HURTADO, Eric | 08 | C.N. L' Hospitalet | 4:39.18 | - | | | | |
| | 50m: 31.38 31.38 | 150m: 1:42.07 | 35.47 | 250m: 2:53.54 | 35.57 | 350m: 4:05.76 | 36.05 | | |
| | 100m: 1:06.60 35.22 | 200m: 2:17.97 | 35.90 | 300m: 3:29.71 | 36.17 | 400m: 4:39.18 | 33.42 | | |
| 27. | EL OUAHHABY LALLOUCH, Rayan | 09 | C.N. Mataro | 4:39.58 | - | | | | |
| | 50m: 31.69 31.69 | 150m: 1:41.36 | 35.44 | 250m: 2:53.23 | 36.42 | 350m: 4:05.68 | 36.29 | | |
| | 100m: 1:05.92 34.23 | 200m: 2:16.81 | 35.45 | 300m: 3:29.39 | 36.16 | 400m: 4:39.58 | 33.90 | | |
| 28. | LORENZO ZATOR, Gabriel | 11 | C.N. Tarraco | 4:40.47 | - | | | | |
| | 50m: 31.94 31.94 | 150m: 1:43.31 | 36.11 | 250m: 2:54.70 | 35.51 | 350m: 4:06.75 | 35.86 | | |
| | 100m: 1:07.20 35.26 | 200m: 2:19.19 | 35.88 | 300m: 3:30.89 | 36.19 | 400m: 4:40.47 | 33.72 | | |
| 29. | SALINAS GIMENEZ, Neo | 10 | C.N. Reus Ploms | 4:40.50 | - | | | | |
| | 50m: 30.83 30.83 | 150m: 1:39.27 | 34.69 | 250m: 2:52.20 | 36.32 | 350m: 4:06.15 | 36.35 | | |
| | 100m: 1:04.58 33.75 | 200m: 2:15.88 | 36.61 | 300m: 3:29.80 | 37.60 | 400m: 4:40.50 | 34.35 | | |
| 30. | DORADO NAVARRO, Unai | 12 | C.N. Tarraco | 4:41.40 | - | | | | |
| | 50m: 31.56 31.56 | 150m: 1:42.46 | 36.11 | 250m: 2:54.41 | 36.39 | 350m: 4:07.20 | 36.03 | | |
| | 100m: 1:06.35 34.79 | 200m: 2:18.02 | 35.56 | 300m: 3:31.17 | 36.76 | 400m: 4:41.40 | 34.20 | | |
| 31. | BELL, Jack | 01 | C.N. L' Hospitalet | 4:51.81 | - | | | | |
| | 50m: 31.59 31.59 | 150m: 1:42.47 | 36.05 | 250m: 2:57.81 | 38.03 | 350m: 4:13.90 | 38.42 | | |
| | 100m: 1:06.42 34.83 | 200m: 2:19.78 | 37.31 | 300m: 3:35.48 | 37.67 | 400m: 4:51.81 | 37.91 | | |
| 32. | COMPANY VALLADOLID, Francesc | 10 | C.N. L' Hospitalet | 4:57.52 | - | | | | |
| | 50m: 31.91 31.91 | 150m: 1:44.01 | 36.30 | 250m: 3:00.11 | 38.60 | 350m: 4:18.38 | 39.33 | | |
| | 100m: 1:07.71 35.80 | 200m: 2:21.51 | 37.50 | 300m: 3:39.05 | 38.94 | 400m: 4:57.52 | 39.14 | | |
| DNS | BARRANQUERO RUIZ, Alex | 10 | Federació Valenciana Natació | | - | | | | |
| BX | DE CELIS MONTALBAN, Sergio | 00 | C.N. Sabadell | | - | | | | |
| BX | YUZEN, Ali | 09 | C.N. Sabadell | | - | | | | |
| BX | GHIA ROIG, Ferran | 08 | C.N. Mataro | | - | | | | |