

Prova 7

Fem., 400m Estils

Open

18/04/2026 - 17:43

Resultats

Rècord Espanya	4:31.21	BELMONTE GARCIA, MIREIA	BARCELONA	04/08/2013
Rècord Catalunya	4:31.21	BELMONTE GARCIA, MIREIA	BARCELONA	04/08/2013
Circuit Català de Trofeus	4:37.36	BELMONTE GARCIA, MIREIA	SABADELL	04/03/2012

Classificació

ANY

Temps

Classificació	ANY	Tempes
1. MARTINEZ GUILLEN, Sara	07 Federació Valenciana Natació	5:10.14 -
50m: 33.11 33.11 150m: 1:51.35 40.21 250m: 3:15.95 44.70 350m: 4:36.22 35.09		
100m: 1:11.14 38.03 200m: 2:31.25 39.90 300m: 4:01.13 45.18 400m: 5:10.14 33.92		
2. ESPINOSA ALVAREZ, Aroa	08 C.N. Terrassa	5:13.23 -
50m: 32.68 32.68 150m: 1:51.64 40.69 250m: 3:17.22 45.70 350m: 4:39.70 36.38		
100m: 1:10.95 38.27 200m: 2:31.52 39.88 300m: 4:03.32 46.10 400m: 5:13.23 33.53		
3. MANGAS JIMENEZ, Claudia	08 C.N. Granollers	5:25.50 -
50m: 34.65 34.65 150m: 1:58.46 44.11 250m: 3:27.06 46.45 350m: 4:49.80 37.36		
100m: 1:14.35 39.70 200m: 2:40.61 42.15 300m: 4:12.44 45.38 400m: 5:25.50 35.70		
4. HERGUEDAS GOMEZ, Adriana	10 C.N. Reus Ploms	5:26.34 -
50m: 35.44 35.44 150m: 2:00.15 42.75 250m: 3:27.43 44.82 350m: 4:50.75 37.18		
100m: 1:17.40 41.96 200m: 2:42.61 42.46 300m: 4:13.57 46.14 400m: 5:26.34 35.59		
5. CASTELLVI RAMOS, Martina	12 C.N. Reus Ploms	5:58.73 -
50m: 37.35 37.35 150m: 2:10.27 48.21 250m: 3:45.59 48.84 350m: 5:17.94 41.35		
100m: 1:22.06 44.71 200m: 2:56.75 46.48 300m: 4:36.59 51.00 400m: 5:58.73 40.79		
6. MORILLO DOMINGUEZ, Martina	11 C.N. Reus Ploms	6:01.71 -
50m: 37.44 37.44 150m: 2:10.52 48.21 250m: 3:47.25 52.12 350m: 5:21.82 42.20		
100m: 1:22.31 44.87 200m: 2:55.13 44.61 300m: 4:39.62 52.37 400m: 6:01.71 39.89		
7. LLAVERIA ALMUDEVER, Queralt	11 C.N. Tarraco	6:02.31 -
50m: 35.98 35.98 150m: 2:03.58 44.21 250m: 3:45.59 57.82 350m: 5:23.31 39.13		
100m: 1:19.37 43.39 200m: 2:47.77 44.19 300m: 4:44.18 58.59 400m: 6:02.31 39.00		
8. SABIO SALMERON, Leire	10 C.N. Reus Ploms	6:03.69 -
50m: 38.22 38.22 150m: 2:13.28 48.93 250m: 3:48.12 50.24 350m: 5:22.47 43.75		
100m: 1:24.35 46.13 200m: 2:57.88 44.60 300m: 4:38.72 50.60 400m: 6:03.69 41.22		