

Prova 3
 29/07/2026

Fem., 400m Lliure

 Open
 Resultats Prelim

Rècord Espanya	3:54.52	BELMONTE GARCIA, MIREIA	BERLIN (GER)	11/08/2013
Rècord Catalunya	3:54.52	MIREIA BELMONTE, Garcia	Berlin	11/08/2013
Circuit Català de Trofeus (25)	4:01.66	, COSTA SCHMID MELANIE	MANRESA	16/11/2013

Classificació	ANY						Temps AQUA		RT
1. CARRON MUIÑA, Carla	05	C.N. Sant Andreu					4:08.91	-	
50m: 28.39 28.39	150m: 1:30.58 31.46	250m: 2:33.69 31.56	350m: 3:37.34 31.99						
100m: 59.12 30.73	200m: 2:02.13 31.55	300m: 3:05.35 31.66	400m: 4:08.91 31.57						
2. NANUCCI, Bianca	08	Cercle des Nageurs d'Antibes					4:11.54	-	
50m: 28.55 28.55	150m: 1:32.45 32.21	250m: 2:36.57 31.90	350m: 3:41.05 32.30						
100m: 1:00.24 31.69	200m: 2:04.67 32.22	300m: 3:08.75 32.18	400m: 4:11.54 30.49						
3. CARMONA VILLAPLANA, Marta	05	C.N. Barcelona					4:16.94	-	+0,69
50m: 29.18 29.18	150m: 1:32.28 31.80	250m: 2:36.99 32.34	350m: 3:43.96 33.68						
100m: 1:00.48 31.30	200m: 2:04.65 32.37	300m: 3:10.28 33.29	400m: 4:16.94 32.98						
4. COLL MARTI, Julia	07	C.N. Olot					4:17.73	-	+0,79
50m: 29.91 29.91	150m: 1:34.52 32.45	250m: 2:39.64 32.47	350m: 3:45.28 32.91						
100m: 1:02.07 32.16	200m: 2:07.17 32.65	300m: 3:12.37 32.73	400m: 4:17.73 32.45						
5. RICHARD, Clemence	08	Cercle des Nageurs d'Antibes					4:20.59	-	+0,71
50m: 30.19 30.19	150m: 1:35.90 33.07	250m: 2:42.15 33.02	350m: 3:48.66 33.33						
100m: 1:02.83 32.64	200m: 2:09.13 33.23	300m: 3:15.33 33.18	400m: 4:20.59 31.93						
6. OLIVEIRA LARA, Carolina	07	C.N. Sabadell					4:23.10	-	+0,78
50m: 29.96 29.96	150m: 1:35.70 33.28	250m: 2:42.25 33.27	350m: 3:49.69 33.86						
100m: 1:02.42 32.46	200m: 2:08.98 33.28	300m: 3:15.83 33.58	400m: 4:23.10 33.41						
7. GONZALEZ NUEZ, Lucia	06	C.N. Sant Andreu					4:28.29	-	+0,73
50m: 30.22 30.22	150m: 1:35.96 33.14	250m: 2:43.76 33.96	350m: 3:53.46 34.94						
100m: 1:02.82 32.60	200m: 2:09.80 33.84	300m: 3:18.52 34.76	400m: 4:28.29 34.83						
8. LLORACH FUSTES, Martina	08	C.N. Igualada					4:28.73	-	+0,71
50m: 30.09 30.09	150m: 1:35.99 33.32	250m: 2:45.24 34.90	350m: 3:54.75 34.77						
100m: 1:02.67 32.58	200m: 2:10.34 34.35	300m: 3:19.98 34.74	400m: 4:28.73 33.98						
9. GABRIEL GOMEZ, Clara	06	C.N. Sant Feliu					4:31.75	-	+0,76
50m: 30.56 30.56	150m: 1:36.75 33.41	250m: 2:46.15 35.02	350m: 3:56.80 35.15						
100m: 1:03.34 32.78	200m: 2:11.13 34.38	300m: 3:21.65 35.50	400m: 4:31.75 34.95						
10. AMOR HERNANDEZ, Avril	08	C.E. Mediterrani					4:33.54	-	+0,75
50m: 30.30 30.30	150m: 1:38.25 34.55	250m: 2:47.96 34.73	350m: 3:59.85 35.77						
100m: 1:03.70 33.40	200m: 2:13.23 34.98	300m: 3:24.08 36.12	400m: 4:33.54 33.69						
11. VARET CANO, Audrey	06	C.N. Granollers					4:35.01	-	+0,85
50m: 31.25 31.25	150m: 1:40.42 35.00	250m: 2:50.74 35.05	350m: 4:00.90 35.13						
100m: 1:05.42 34.17	200m: 2:15.69 35.27	300m: 3:25.77 35.03	400m: 4:35.01 34.11						
12. SOFIA, Vargas Vergara	13	Acuatica Nelson Vargas					4:39.25	-	
50m: 32.46 32.46	150m: 1:43.43 35.99	250m: 2:55.02 35.80	350m: 4:04.98 34.73						
100m: 1:07.44 34.98	200m: 2:19.22 35.79	300m: 3:30.25 35.23	400m: 4:39.25 34.27						
13. MARIA ANDREA, Carrasco Torres	09	Acuatica Nelson Vargas					4:39.67	-	+0,88
50m: 31.24 31.24	150m: 1:40.89 35.26	250m: 2:52.30 35.99	350m: 4:04.39 35.85						
100m: 1:05.63 34.39	200m: 2:16.31 35.42	300m: 3:28.54 36.24	400m: 4:39.67 35.28						
14. CUEN SIBILA, Isona	11	Fed. Andorrana					4:40.23	-	
50m: 32.05 32.05	150m: 1:42.09 35.52	250m: 2:53.92 35.78	350m: 4:05.41 35.59						
100m: 1:06.57 34.52	200m: 2:18.14 36.05	300m: 3:29.82 35.90	400m: 4:40.23 34.82						
15. VIDAL MERINO, Julia	07	C.N. Granollers					4:42.68	-	+0,76
50m: 32.34 32.34	150m: 1:42.83 35.74	250m: 2:54.49 35.80	350m: 4:06.60 35.90						
100m: 1:07.09 34.75	200m: 2:18.69 35.86	300m: 3:30.70 36.21	400m: 4:42.68 36.08						
16. MOSQUERA SORIANO, Paula	10	C.N. Granollers					4:44.69	-	+0,74
50m: 33.41 33.41	150m: 1:45.03 36.34	250m: 2:56.96 35.86	350m: 4:09.15 36.15						
100m: 1:08.69 35.28	200m: 2:21.10 36.07	300m: 3:33.00 36.04	400m: 4:44.69 35.54						

Prova 3, Fem., 400m Lliure, Prelim, Open

Classificació	ANY								Temps	AQUA	RT
17. HERRERA CASTILLON, Alba	07	C.N. Premia							4:45.80	-	
50m: 32.46 32.46	150m: 1:43.22 35.82	250m: 2:56.16 36.35	350m: 4:09.75 36.84								
100m: 1:07.40 34.94	200m: 2:19.81 36.59	300m: 3:32.91 36.75	400m: 4:45.80 36.05								
18. BEGA FERATOVIC, Alba	10	G.E. I E.G.							4:45.90	-	+0,88
50m: 32.85 32.85	150m: 1:45.18 36.68	250m: 2:58.79 36.62	350m: 4:11.40 36.16								
100m: 1:08.50 35.65	200m: 2:22.17 36.99	300m: 3:35.24 36.45	400m: 4:45.90 34.50								
19. CARABASA BALCELLS, Aina	08	C.N. Cervera							4:53.73	-	+0,94
50m: 33.31 33.31	150m: 1:46.64 36.87	250m: 3:00.32 36.83	350m: 4:15.99 38.26								
100m: 1:09.77 36.46	200m: 2:23.49 36.85	300m: 3:37.73 37.41	400m: 4:53.73 37.74								
20. PELLITERO LOZANO, Iris	10	C.N. Sant Andreu							4:57.53	-	+0,92
50m: 34.57 34.57	150m: 1:48.77 37.59	250m: 3:05.03 38.59	350m: 4:20.97 37.38								
100m: 1:11.18 36.61	200m: 2:26.44 37.67	300m: 3:43.59 38.56	400m: 4:57.53 36.56								
21. CASTILLO DE LA OSA, Emma	12	C.N. Cornellà							4:58.27	-	
50m: 33.50 33.50	150m: 1:49.24 38.30	250m: 3:06.75 38.65	350m: 4:23.39 37.61								
100m: 1:10.94 37.44	200m: 2:28.10 38.86	300m: 3:45.78 39.03	400m: 4:58.27 34.88								
22. QUERALT SALAGEAN, Ares	12	C.E.N. Balaguer							4:59.01	-	+0,83
50m: 33.81 33.81	150m: 1:48.98 37.97	250m: 3:05.43 38.23	350m: 4:22.25 38.10								
100m: 1:11.01 37.20	200m: 2:27.20 38.22	300m: 3:44.15 38.72	400m: 4:59.01 36.76								
23. RIBES PALLARES, Anna	10	C.N. Sant Andreu							5:05.24	-	+0,78
50m: 34.99 34.99	150m: 1:51.55 38.73	250m: 3:09.33 38.84	350m: 4:27.01 38.69								
100m: 1:12.82 37.83	200m: 2:30.49 38.94	300m: 3:48.32 38.99	400m: 5:05.24 38.23								
24. PLEKHANOVA, Maria	10	C.N. Navas							5:07.68	-	
50m: 33.34 33.34	150m: 1:47.62 37.64	250m: 3:06.26 39.96	350m: 4:27.38 40.60								
100m: 1:09.98 36.64	200m: 2:26.30 38.68	300m: 3:46.78 40.52	400m: 5:07.68 40.30								
25. ROMERO MONTES, Andrea	08	C.N. Cornellà							5:10.32	-	+0,81
50m: 35.03 35.03	150m: 1:50.83 38.52	250m: 3:09.68 39.44	350m: 4:30.53 40.69								
100m: 1:12.31 37.28	200m: 2:30.24 39.41	300m: 3:49.84 40.16	400m: 5:10.32 39.79								
BX ROCA FORTUNY, Marina	05	C.N. Granollers							-		
BX RHALMANE HMIDI, Yasmin	10	C.N. Sant Andreu							-		
BX MORENO HERNANDEZ, Irati	11	Fed. Andorrana							-		
BX LIBREROS BOLIVAR, Mariana	04	C.N. Barcelona							-		