

Prova 3
 29/07/2026

Fem., 400m Lliure

 Open
 Resultats Final

Rècord Espanya	4:02.47	COSTA SCHMID, MELANIE	BARCELONA	28/07/2013
Rècord Catalunya	4:03.84	BELMONTE GARCIA, MIREIA	PALMA DE MALLORCA	13/04/2014
Circuit Català de Trofeus (50)	4:06.94	BALMY, CORALIE	SABADELL	22/03/2014

Classificació	ANY	Temps	AQUA	RT
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Final A

1. NANUCCI, Bianca	08	Cercle des Nageurs d'Antibes	4:13.70	786 (50m)
50m: 29.65 29.65	150m: 1:34.28 32.08	250m: 2:38.84 32.16	350m: 3:42.71 31.69	
100m: 1:02.20 32.55	200m: 2:06.68 32.40	300m: 3:11.02 32.18	400m: 4:13.70 30.99	
2. CARRON MUIÑA, Carla	05	C.N. Sant Andreu	4:18.17	746 (50m)
50m: 29.69 29.69	150m: 1:35.38 33.16	250m: 2:40.16 32.59	350m: 3:45.54 32.62	
100m: 1:02.22 32.53	200m: 2:07.57 32.19	300m: 3:12.92 32.76	400m: 4:18.17 32.63	
3. CARMONA VILLAPLANA, Marta	05	C.N. Barcelona	4:24.38	694 (50m)
50m: 30.32 30.32	150m: 1:36.18 32.88	250m: 2:42.45 32.81	350m: 3:50.05 33.68	
100m: 1:03.30 32.98	200m: 2:09.64 33.46	300m: 3:16.37 33.92	400m: 4:24.38 34.33	
4. COLL MARTI, Julia	07	C.N. Olot	4:25.39	687 (50m)
50m: 31.42 31.42	150m: 1:38.32 33.79	250m: 2:45.84 33.36	350m: 3:53.02 33.52	
100m: 1:04.53 33.11	200m: 2:12.48 34.16	300m: 3:19.50 33.66	400m: 4:25.39 32.37	
5. RICHARD, Clemence	08	Cercle des Nageurs d'Antibes	4:30.68	647 (50m)
50m: 31.32 31.32	150m: 1:38.92 34.15	250m: 2:48.03 34.60	350m: 3:57.47 34.77	
100m: 1:04.77 33.45	200m: 2:13.43 34.51	300m: 3:22.70 34.67	400m: 4:30.68 33.21	
6. OLIVEIRA LARA, Carolina	07	C.N. Sabadell	4:31.55	641 (50m)
50m: 30.63 30.63	150m: 1:37.50 33.55	250m: 2:45.92 34.38	350m: 3:57.22 35.57	
100m: 1:03.95 33.32	200m: 2:11.54 34.04	300m: 3:21.65 35.73	400m: 4:31.55 34.33	
7. GONZALEZ NUEZ, Lucia	06	C.N. Sant Andreu	4:34.87	618 (50m)
50m: 31.40 31.40	150m: 1:39.19 33.94	250m: 2:48.36 34.35	350m: 3:59.36 35.63	
100m: 1:05.25 33.85	200m: 2:14.01 34.82	300m: 3:23.73 35.37	400m: 4:34.87 35.51	
8. LLORACH FUSTES, Martina	08	C.N. Igualada	4:38.76	592 (50m)
50m: 31.23 31.23	150m: 1:39.95 34.84	250m: 2:51.33 36.00	350m: 4:03.78 36.30	
100m: 1:05.11 33.88	200m: 2:15.33 35.38	300m: 3:27.48 36.15	400m: 4:38.76 34.98	
9. AMOR HERNANDEZ, Avril	08	C.E. Mediterrani	4:42.87	567 (50m)
50m: 30.97 30.97	150m: 1:41.35 35.78	250m: 2:54.62 36.72	350m: 4:07.63 36.33	
100m: 1:05.57 34.60	200m: 2:17.90 36.55	300m: 3:31.30 36.68	400m: 4:42.87 35.24	
10. GABRIEL GOMEZ, Clara	06	C.N. Sant Feliu	4:44.26	559 (50m)
50m: 31.84 31.84	150m: 1:42.34 36.69	250m: 2:54.30 37.35	350m: 4:07.98 36.63	
100m: 1:05.65 33.81	200m: 2:16.95 34.61	300m: 3:31.35 37.05	400m: 4:44.26 36.28	

Final B

11. MARIA ANDREA, Carrasco Torres	09	Acuatica Nelson Vargas	4:39.40	588 (50m)
50m: 31.51 31.51	150m: 1:40.98 34.75	250m: 2:52.06 35.53	350m: 4:03.63 35.51	
100m: 1:06.23 34.72	200m: 2:16.53 35.55	300m: 3:28.12 36.06	400m: 4:39.40 35.77	
12. SOFIA, Vargas Vergara	13	Acuatica Nelson Vargas	4:41.16	577 (50m)
50m: 32.27 32.27	150m: 1:43.21 36.12	250m: 2:55.74 35.78	350m: 4:06.87 35.47	
100m: 1:07.09 34.82	200m: 2:19.96 36.75	300m: 3:31.40 35.66	400m: 4:41.16 34.29	
13. CUEN SIBILA, Isona	11	Fed. Andorrana	4:43.03	566 (50m)
50m: 31.93 31.93	150m: 1:42.92 35.56	250m: 2:55.44 36.32	350m: 4:07.82 36.03	
100m: 1:07.36 35.43	200m: 2:19.12 36.20	300m: 3:31.79 36.35	400m: 4:43.03 35.21	
14. VARET CANO, Audrey	06	C.N. Granollers	4:46.12	548 (50m)
50m: 32.05 32.05	200m: 2:20.04 1:12.44	400m: 4:46.12 1:12.95		
100m: 1:07.60 35.55	300m: 3:33.17 1:13.13			
15. BEGA FERATOVIC, Alba	10	G.E. I E.G.	4:50.68	522 (50m)
50m: 32.63 32.63	150m: 1:45.81 37.23	250m: 3:01.10 37.21	350m: 4:15.19 35.70	
100m: 1:08.58 35.95	200m: 2:23.89 38.08	300m: 3:39.49 38.39	400m: 4:50.68 35.49	

Prova 3, Fem., 400m Lliure, Final, Open

Classificació	ANY								Temps	AQUA	RT
16. VIDAL MERINO, Julia	07 C.N. Granollers								4:51.68	517 (50m)	
50m: 33.17 33.17	150m: 1:45.30 36.65	250m: 2:59.51 37.43	350m: 4:14.96 38.14								
100m: 1:08.65 35.48	200m: 2:22.08 36.78	300m: 3:36.82 37.31	400m: 4:51.68 36.72								
17. HERRERA CASTILLON, Alba	07 C.N. Premia								4:55.75	496 (50m)	
50m: 32.75 32.75	150m: 1:45.62 37.21	250m: 3:01.60 38.19	350m: 4:18.23 37.98								
100m: 1:08.41 35.66	200m: 2:23.41 37.79	300m: 3:40.25 38.65	400m: 4:55.75 37.52								
18. PELLITERO LOZANO, Iris	10 C.N. Sant Andreu								5:02.98	461 (50m)	
50m: 34.06 34.06	150m: 1:49.55 38.47	250m: 3:06.80 38.89	350m: 4:24.82 39.10								
100m: 1:11.08 37.02	200m: 2:27.91 38.36	300m: 3:45.72 38.92	400m: 5:02.98 38.16								
19. RIBES PALLARES, Anna	10 C.N. Sant Andreu								5:10.79	427 (50m)	
50m: 35.00 35.00	150m: 1:51.63 38.69	250m: 3:10.96 39.77	350m: 4:30.77 39.59								
100m: 1:12.94 37.94	200m: 2:31.19 39.56	300m: 3:51.18 40.22	400m: 5:10.79 40.02								
20. QUERALT SALAGEAN, Ares	12 C.E.N. Balaguer								5:20.77	389 (50m)	
50m: 34.91 34.91	150m: 1:57.69 40.74	250m: 3:19.70 40.83	350m: 4:40.91 39.82								
100m: 1:16.95 42.04	200m: 2:38.87 41.18	300m: 4:01.09 41.39	400m: 5:20.77 39.86								