

Prova 4
 29/07/2026

Masc., 400m Lliure

 Open
 Resultats Final

Rècord Espanya	3:47.29	CARLOS GARACH, BENITO	Palma de Mallorca	22/06/2024
Rècord Catalunya	3:50.46	FERRAN JULIA, TOUS	Palma de Mallorca	22/06/2024
Circuit Català de Trofeus (50)	3:51.86	DURAN NAVIA, Miguel	BARCELONA	15/02/2020

Classificació	ANY	Temps	AQUA	RT
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Final A

1. JACOBS, Colin	08	Cercle des Nageurs d'Antibes	3:56.52	804 (50m)
50m: 27.81 27.81	150m: 1:28.32 30.53	250m: 2:28.79 30.13	350m: 3:29.04 30.05	
100m: 57.79 29.98	200m: 1:58.66 30.34	300m: 2:58.99 30.20	400m: 3:56.52 27.48	
2. HERNANDEZ GARCIA, Alberto	03	C.N. Sant Andreu	3:56.91	800 (50m)
100m: 58.79 58.79	200m: 1:59.98 1:01.19	300m: 2:59.95 59.97	400m: 3:56.91 56.96	
3. JULIA TOUS, Ferran	00	C.N. Sabadell	3:57.10	798 (50m)
50m: 27.54 27.54	150m: 1:28.10 30.69	250m: 2:29.85 30.67	350m: 3:28.51 28.73	
100m: 57.41 29.87	200m: 1:59.18 31.08	300m: 2:59.78 29.93	400m: 3:57.10 28.59	
4. NEVADO RUIZ, Pablo	06	C.N. Sabadell	3:58.27	786 (50m)
50m: 27.57 27.57	150m: 1:28.05 30.57	250m: 2:29.54 30.45	350m: 3:29.47 29.75	
100m: 57.48 29.91	200m: 1:59.09 31.04	300m: 2:59.72 30.18	400m: 3:58.27 28.80	
5. CUEN SIBILA, Biel	07	C.N. Sant Andreu	4:02.77	743 (50m)
50m: 28.01 28.01	150m: 1:28.75 30.32	250m: 2:30.74 30.63	350m: 3:32.47 30.86	
100m: 58.43 30.42	200m: 2:00.11 31.36	300m: 3:01.61 30.87	400m: 4:02.77 30.30	
6. TEIXEIRA, Kevin	05	Cercle des Nageurs d'Antibes	4:06.06	714 (50m)
50m: 28.48 28.48	150m: 1:30.14 30.96	250m: 2:32.97 31.48	350m: 3:35.85 31.40	
100m: 59.18 30.70	200m: 2:01.49 31.35	300m: 3:04.45 31.48	400m: 4:06.06 30.21	
7. IBAÑEZ PINA, Nil	03	C.N. Granollers	4:07.44	702 (50m)
50m: 28.95 28.95	150m: 1:32.62 32.25	250m: 2:36.63 31.71	350m: 3:38.84 30.92	
100m: 1:00.37 31.42	200m: 2:04.92 32.30	300m: 3:07.92 31.29	400m: 4:07.44 28.60	
8. MACARIO, Joan	05	Cercle des Nageurs d'Antibes	4:07.48	702 (50m)
50m: 28.39 28.39	150m: 1:30.49 31.31	250m: 2:33.39 31.50	350m: 3:37.14 31.99	
100m: 59.18 30.79	200m: 2:01.89 31.40	300m: 3:05.15 31.76	400m: 4:07.48 30.34	
9. MORILLO LOPEZ, Ferran	05	C.E. Mediterrani	4:08.09	696 (50m)
50m: 27.90 27.90	150m: 1:28.61 30.61	250m: 2:31.69 31.56	350m: 3:36.62 32.51	
100m: 58.00 30.10	200m: 2:00.13 31.52	300m: 3:04.11 32.42	400m: 4:08.09 31.47	
10. FERRI BLANC, Oriol	05	C.N. Barcelona	4:09.17	687 (50m)
50m: 28.77 28.77	150m: 1:31.13 31.34	250m: 2:34.54 31.68	350m: 3:38.31 31.66	
100m: 59.79 31.02	200m: 2:02.86 31.73	300m: 3:06.65 32.11	400m: 4:09.17 30.86	

Final B

11. MATEO ARTACHO, Alan	09	G.E. I E.G.	4:03.13	740 (50m)
50m: 24.21 24.21	150m: 1:04.49 5.86	250m: 2:30.16 29.55	400m: 4:03.13 1:00.40	
100m: 58.63 34.42	200m: 2:00.61 56.12	300m: 3:02.73 32.57		
12. RIJO MARTIN, Hugo	05	C.E. Mediterrani	4:07.44	702 (50m)
50m: 27.51 27.51	150m: 1:29.68 31.35	250m: 2:33.20 31.57	350m: 3:36.80 31.69	
100m: 58.33 30.82	200m: 2:01.63 31.95	300m: 3:05.11 31.91	400m: 4:07.44 30.64	
13. ROURA CLEMENTE, Marc	07	G.E. I E.G.	4:10.24	679 (50m)
50m: 28.92 28.92	150m: 1:31.99 31.58	250m: 2:35.95 31.82	350m: 3:39.40 31.62	
100m: 1:00.41 31.49	200m: 2:04.13 32.14	300m: 3:07.78 31.83	400m: 4:10.24 30.84	
14. RIERA CANELADA, Eloi	07	C.N. Sabadell	4:10.28	678 (50m)
50m: 28.16 28.16	150m: 1:30.41 31.51	250m: 2:34.73 32.37	350m: 3:39.42 32.23	
100m: 58.90 30.74	200m: 2:02.36 31.95	300m: 3:07.19 32.46	400m: 4:10.28 30.86	
15. CORDOBA MARTOS, Cristian	09	C.N. Sabadell	4:11.56	668 (50m)
50m: 28.48 28.48	150m: 1:31.43 32.04	250m: 2:35.91 31.77	350m: 3:40.52 31.81	
100m: 59.39 30.91	200m: 2:04.14 32.71	300m: 3:08.71 32.80	400m: 4:11.56 31.04	
16. SEGARRA MONTERO, Arnau	07	C.E. Mediterrani	4:14.00	649 (50m)
50m: 28.68 28.68	150m: 1:32.16 31.79	250m: 2:36.16 32.10	350m: 3:41.19 32.56	
100m: 1:00.37 31.69	200m: 2:04.06 31.90	300m: 3:08.63 32.47	400m: 4:14.00 32.81	

Sponsor principal

Sponsors institucionals

Acreditacions

Prova 4, Masc., 400m Lliure, Final, Open

Classificació	ANY									Temps	AQUA	RT
17.	GIL CERDAN, Gonzalo			09	C.N. Sant Andreu					4:19.50	609	(50m)
	50m:	27.96	27.96	150m:	1:30.87	31.71	250m:	2:37.07	33.07	350m:	3:45.86	34.77
	100m:	59.16	31.20	200m:	2:04.00	33.13	300m:	3:11.09	34.02	400m:	4:19.50	33.64
18.	MARQUEZ PAREJO, Elias			08	C.N. L´ Hospitalet					4:24.39	575	(50m)
	50m:	30.87	30.87	150m:	1:39.29	35.14	250m:	2:44.25	32.92	400m:	4:24.39	1:06.62
	100m:	1:04.15	33.28	200m:	2:11.33	32.04	300m:	3:17.77	33.52			
19.	DE MIGUEL JIMENEZ, Marcos			05	C.N. Sabadell					4:34.46	514	(50m)
	50m:	30.68	30.68	150m:	1:38.99	34.40	250m:	2:51.44	36.17	350m:	4:02.85	34.71
	100m:	1:04.59	33.91	200m:	2:15.27	36.28	300m:	3:28.14	36.70	400m:	4:34.46	31.61
20.	MATEO, Vargas Vergara			09	Acuatca Nelson Vargas					4:34.50	514	(50m)
	50m:	29.38	29.38	150m:	1:36.83	34.20	250m:	2:47.92	35.85	350m:	4:00.58	36.00
	100m:	1:02.63	33.25	200m:	2:12.07	35.24	300m:	3:24.58	36.66	400m:	4:34.50	33.92