

Prova 28
 15/2/2026

Masc., 400m Lliure

 Open
 Resultats

Rècord Espanya	3:47.29	CARLOS GARACH, BENITO	Palma de Mallorca	22/6/2024
Rècord Catalunya	3:50.46	FERRAN JULIA, TOUS	Palma de Mallorca	22/6/2024
Circuit Català de Trofeus	3:51.86	DURAN NAVIA, Miguel	BARCELONA	15/2/2020

Punts: AQUA 2026

Classificació	ANY								Temps	Pts
1. GARACH BENITO, Carlos	04 C.N. Churriana								3:54.81	822
	50m: 28.01	150m: 29.83	250m: 29.91	350m: 29.63	100m: 29.92	200m: 29.74	300m: 29.81	400m: 27.96		
2. BEAUGRAND, Paul	00 Canet 66 Natation								3:57.71	792
	50m: 28.04	150m: 30.19	250m: 30.18	350m: 30.36	100m: 29.90	200m: 30.09	300m: 30.55	400m: 28.40		
3. GONZALEZ RODERO, Alonso	03 Real Canoe N.C.								3:58.74	782
	50m: 28.06	150m: 29.86	250m: 29.92	350m: 30.09	100m: 30.04	200m: 30.19	300m: 30.25	400m: 30.33		
4. NEVADO RUIZ, Pablo	06 C.N. Sabadell								4:02.31	748
	50m: 27.57	150m: 30.72	250m: 30.88	350m: 31.27	100m: 29.90	200m: 30.77	300m: 31.19	400m: 30.01		
5. PUEBLA MARTINEZ, Alejandro	02 C.N. Barcelona								4:02.71	744
	50m: 28.41	150m: 30.50	250m: 30.45	350m: 30.48	100m: 30.61	200m: 31.01	300m: 31.23	400m: 30.02		
6. RAMIA VIVES, Guillem	02 C.N. Terrassa								4:03.77	734
	50m: 27.93	150m: 30.83	250m: 30.50	350m: 31.21	100m: 30.31	200m: 31.07	300m: 31.04	400m: 30.88		
7. SBRAGGIA, Lisandru	07 Canet 66 Natation								4:06.49	710
	50m: 28.48	150m: 31.24	250m: 31.45	350m: 31.35	100m: 30.66	200m: 31.03	300m: 31.51	400m: 30.77		
8. MORILLO LOPEZ, Ferran	05 C.E. Mediterrani								4:06.76	708
	50m: 27.32	150m: 30.78	250m: 31.52	350m: 32.06	100m: 30.20	200m: 31.00	300m: 32.34	400m: 31.54		
9. ESCRITS MAÑOSA, Lluís	01 C.N. Granollers								4:09.14	688
	50m: 28.47	150m: 31.15	250m: 31.11	350m: 32.22	100m: 30.96	200m: 31.29	300m: 31.48	400m: 32.46		
10. MUNOZ PEREZ, Sebastian	03 Antioquia								4:09.28	687
	50m: 28.63	150m: 31.28	250m: 31.31	350m: 31.96	100m: 30.84	200m: 31.93	300m: 32.03	400m: 31.30		
11. GARCIA FERNANDEZ, Erik	06 C.N. Barcelona								4:15.39	638
	50m: 29.33	150m: 32.33	250m: 32.80	350m: 32.26	100m: 31.26	200m: 32.37	300m: 33.03	400m: 32.01		
12. NEVADO RUIZ, Hugo	08 C.N. Sabadell								4:15.51	637
	50m: 29.29	150m: 32.48	250m: 32.25	350m: 32.94	100m: 32.00	200m: 32.52	300m: 32.86	400m: 31.17		
13. VILASECA MARTIN, Jan	07 C.N. Terrassa								4:15.56	637
	50m: 29.20	150m: 32.63	250m: 32.61	350m: 32.23	100m: 32.84	200m: 33.05	300m: 32.75	400m: 30.25		
14. CABRERA LUQUE, Aimar	07 Getxo Igeriketa Bolue K.E.								4:16.04	634
	50m: 29.75	150m: 32.98	250m: 32.47	350m: 32.74	100m: 32.19	200m: 32.89	300m: 32.43	400m: 30.59		

Piscina 50mts i cronometratge automàtic

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Classificació	ANY								Temps	Pts
15. RIERA GARCIA, Pablo	04 C.E.N. Cabrera De Mar								4:16.35	631
50m:	29.42	150m:	32.15	250m:	32.18	350m:	33.05			
100m:	32.18	200m:	32.40	300m:	32.33	400m:	32.64			
16. DE LA MORA AVENI, Marc	09 C.N. VIC-Etb								4:16.44	631
50m:	29.27	150m:	32.68	250m:	32.05	350m:	32.36			
100m:	32.85	200m:	32.96	300m:	32.72	400m:	31.55			
17. CRUZ ALCANTARA, Gael	09 C.E. Mediterrani								4:17.65	622
50m:	29.27	150m:	32.66	250m:	32.84	350m:	32.40			
100m:	32.31	200m:	33.16	300m:	33.20	400m:	31.81			
CORONA EDO, Xavi	09 C.N. Sabadell								4:17.65	622
50m:	29.92	150m:	32.63	250m:	32.95	350m:	32.54			
100m:	32.00	200m:	32.75	300m:	32.97	400m:	31.89			
19. NOMDEDEU LOPEZ, Joan	07 C.E. Mediterrani								4:21.18	597
50m:	27.85	150m:	32.25	250m:	34.02	350m:	34.62			
100m:	31.04	200m:	33.09	300m:	34.31	400m:	34.00			
20. GARCIA MARTIN, Mario	09 C.N. L' Hospitalet								4:21.43	595
50m:	29.20	150m:	32.96	250m:	32.29	350m:	33.06			
100m:	33.20	200m:	33.16	300m:	33.43	400m:	34.13			
21. CARDEÑAS BONJORN, Marti	09 C.N. Sabadell								4:22.60	587
50m:	28.99	150m:	33.40	250m:	34.11	350m:	34.65			
100m:	31.63	200m:	33.37	300m:	33.87	400m:	32.58			
22. CODINA FERNANDEZ, Adolfo	10 R.C. Mediterraneo								4:25.64	567
50m:	29.68	150m:	33.28	250m:	34.26	350m:	34.08			
100m:	32.60	200m:	34.15	300m:	34.25	400m:	33.34			
BX HOLERGA, David	10 Canet 66 Natation									
BX DAVAUD, Matt	10 Canet 66 Natation									