



# TECHNICAL MEETING MARE NOSTRUM – BARCELONA

*30th – 31th May 2026*

## EVENT TEAM



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## Preliminary Sessions:

LINK

[https://competicions.natacio.cat/2026/TICB2026/am\\_schedule.pdf](https://competicions.natacio.cat/2026/TICB2026/am_schedule.pdf)

## Final Sessions:

LINK

[https://competicions.natacio.cat/2026/TICB2026/pm\\_schedule.pdf](https://competicions.natacio.cat/2026/TICB2026/pm_schedule.pdf)



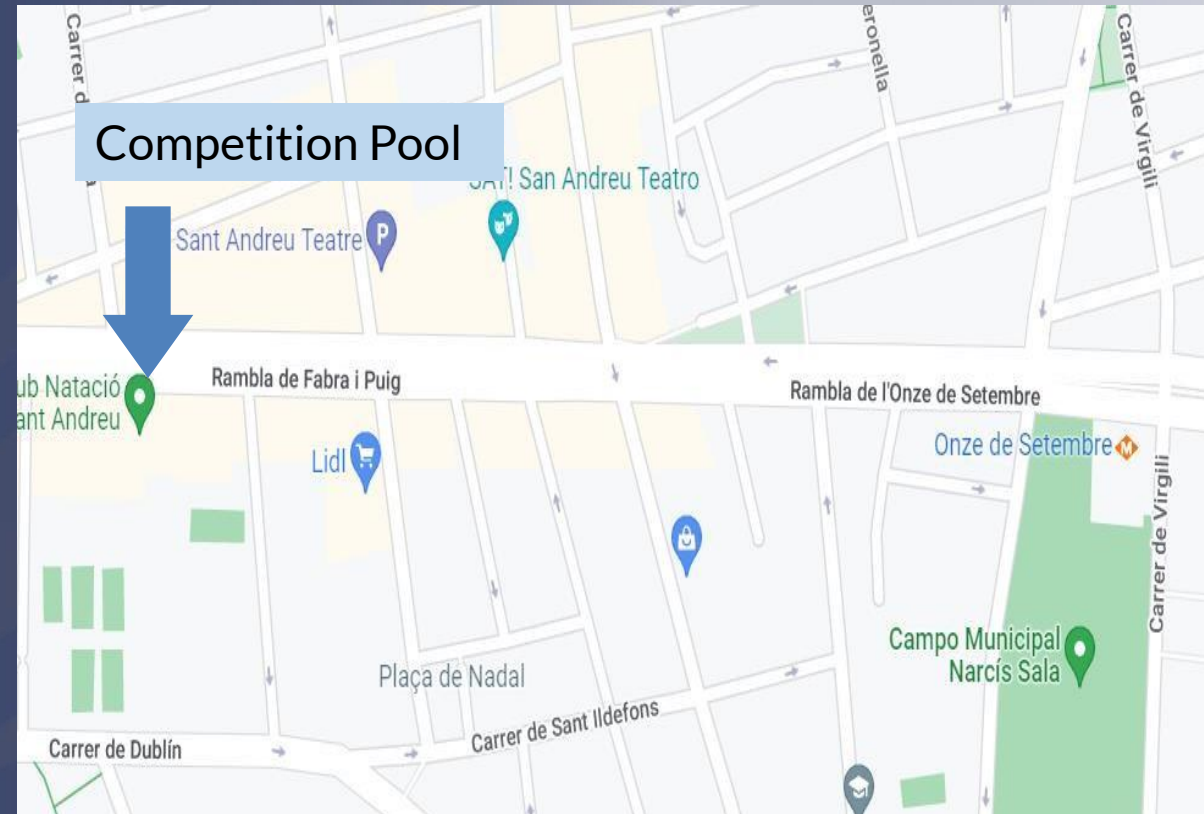
## Competition pool

Access to the facility through Rambla Fabra i Puig, 47  
In the access point you must present the accreditation.

Use of resistance cords, hand paddles, or swim fins is prohibited during warm-up in the competition pool

During the competition you can use:

- 20m pool next to the competition pool





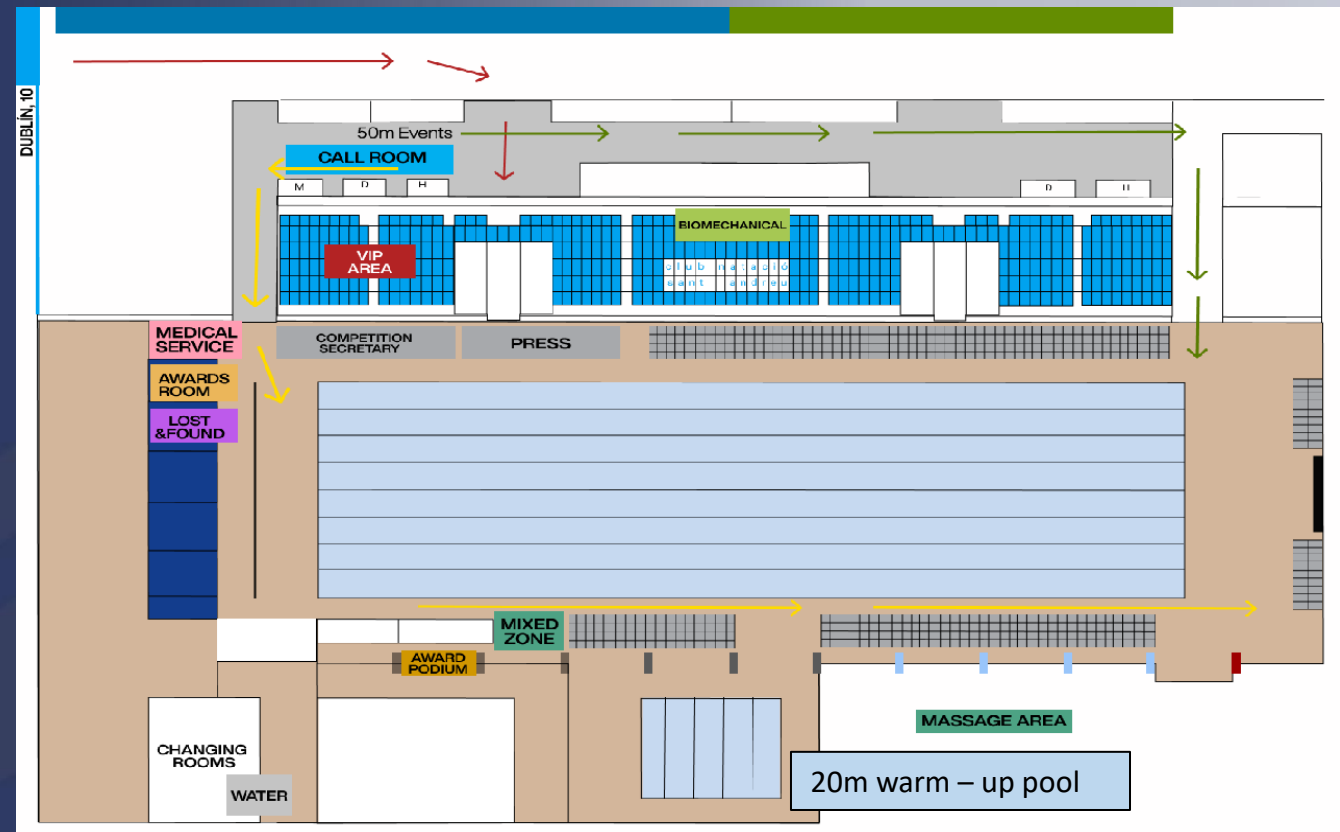
# Pool organization / Call room

*For either eliminatories or finals, the athletes must access the Call room between 10-12 minutes before the estimated start of each of the events.*

*In the morning session, swimmers must remain in the pool before the next heat starts with the exception of the backstroke events.*

*50m events will take place on the opposite side of the pool from the rest of the events. But athletes must go to the Call room.*

*Swimmers must leave the pool area using the stairs located on each side of the pool.*





Scratches of the final entrylists before the 29th at 5:00 p.m.

- <https://form.jotform.com/261303253755352>



## Schedules

### SATURDAY “MORNING SESSION”

06:30 h Access to athletes participating

06:30 to 08:15 h Warm-up

08:30 h. start of the competition

Warm-up 2 (30') After 100 breast  
resumption of the competition\*

slow heats

### SATURDAY “FINALS”

15:00 h. Access to athletes participating

15:00 to 16:45 h. Warm-up

17:00 h. start of finals A

19:00 to 19:25 h. Warm-up

19:30 h. start of finals B



### SUNDAY “MORNING SESSION”

06:30 h Access to athletes participating

06:30 to 08:15 h Warm-up

08:30 h. start of the competition

Warm-up 2 (30') After 100 breast  
resumption of the competition

slow heats

### SUNDAY “FINALS”

15:00 h. Access to athletes participating

15:00 to 16:45 h. Warm-up

17:00 h. start of finals A

19:00 to 19:25 h. Warm-up

19:30 h. start of finals B

## Events



The 1500/800 freestyle event will be time trail.

The fast heat of 1500/800 freestyle, will be swim in the afternoon session with the A finals.

The second faster Heat will be swim in the morning session

The 400 Individual Medley will be preliminary and Final A.

The other events will be preliminary and Final A & B



## Technical communication

Due to the high number of entries received in the Barcelona City Trophy and in order to be able to accept the majority participation of the entry swimmers, we inform to participants that the competition will be divided into 2 parts.

1st Part: : Athletes who qualified in the morning's fast heats

50m. No limit/ 100m 8 heats,/ 200m. 6 heats/ 400 3 heats

2nd Part: The rest of the swimmers who have not qualified into the number of previous heats.

**Important: the official startlists will take place on May 29 at 8:00 p.m.**

- The results of athletes swimming in the morning's slow heats will count towards the finals seeding.
- **IMPORTANT:** The finals will be official once the morning session has finished.



## Scratches during the competition

In the eliminatory session athletes have up to 60' before the start of the session.

The scratches for the Finals must be communicated no later than 5' after the end of morning session in order to fill the places with the reserve swimmers.

After the publication of the qualifiers (start lists) the Contest scratch (series or final) will be activated through this QR or link :

- <https://form.jotform.com/261303253755352>

The results for the finals will be updated according to the casualties, you can follow the results in the QR or link:

<https://www.natacio.cat/convocation/?id=5888>

IMPORTANT: You will be able to see the provisional list of the finals but they will not be official until 5 minutes after the Slow Heats



## Swim-off / Did not Start

In the events with Finals, there will be two reserve swimmers who will have to be present at calling room to cover possible withdrawals in B Finals. No-shows in A Finals will not be covered.

In case there's a tie in the preliminary events that must decide the participation in A or B Final, it will be a swim-off at the end of the session.

In case the tie is with reserve swimmers, we will look at the time in thousandths of a second. If the tie persists, we will do a draw.

A swimmer not presented (not being withdrawn) at one event of the preliminary session, will have a penalty of 20€ per event



# Wearables

Competitors must declare all wearables to the Referee and when presented in the first call room of the competition.

Failure to declare may result in disqualification.

[Current list of aproved wearables:](#)

<https://www.worldaquatics.com/swimming/Wearables-Swimming>



# Support Services

## SWIMSUIT CONTROL:

Only AQUA approved suits will be allowed.

<https://www.fina.org/swimming/approved-swimwear>

## MEDICAL SERVICE:

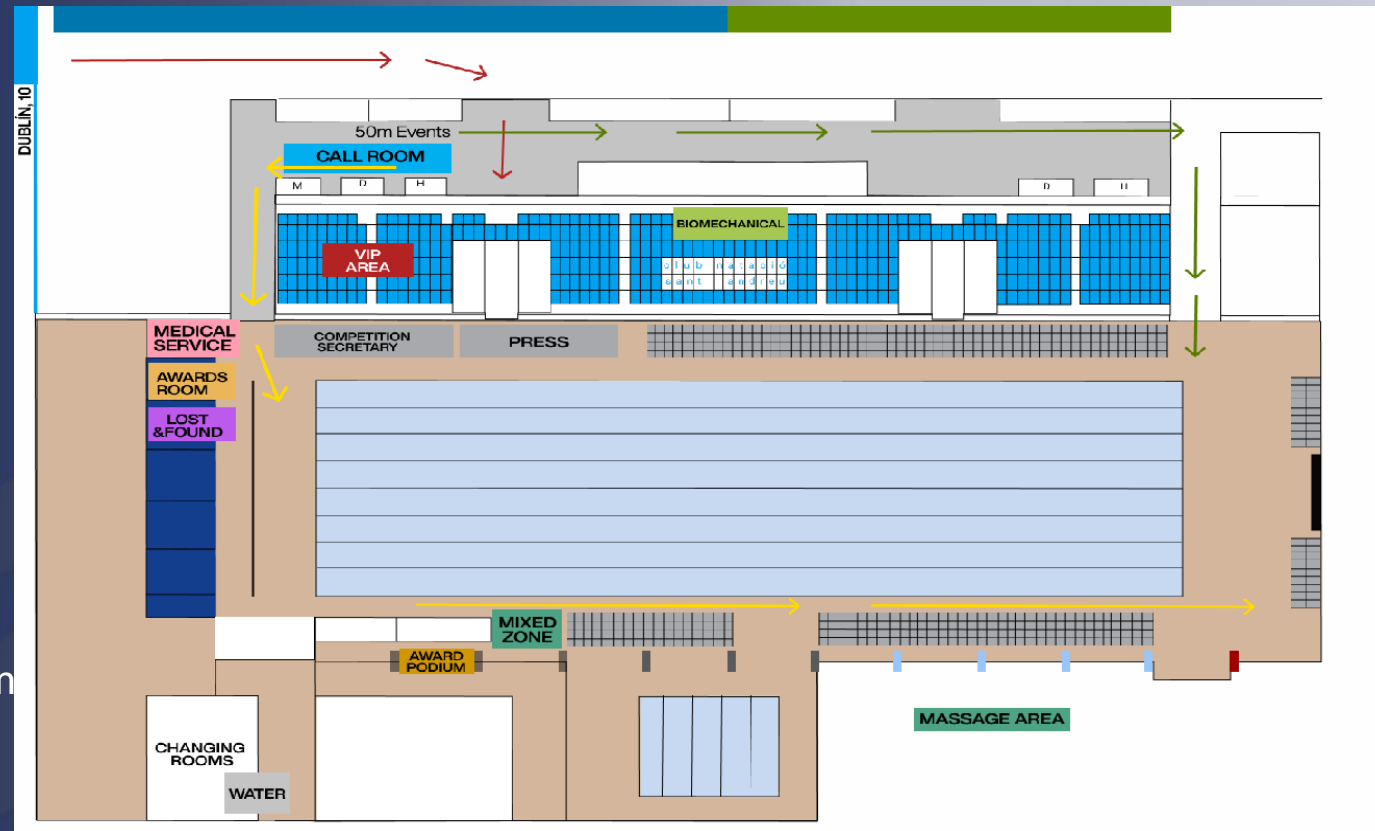
Medical services will be available each morning from 8:00 am to 2:00 pm and in the afternoon from 4:00 pm to 8:30 pm.

## PHYSIO ZONE

A massage/therapy zone will be provided in the solarium.

## BIOMECHANICS ZONE

There will be an area provided to film the meet from the stands at the 25m mark.



## Medal Ceremony



*During A finals, there will be a medal ceremony after every four events.*

**To expedite the meet, swimmers that are among the first three places must wait next to the call room (inside the pool area) in order to receive their awards, after they finish their event.**

*There will be live TV transmission of the events, so waits and pauses will not be allowed.*



## Awards and Closing Ceremony

The money awards will be collected in the offices next to the call-room, located in the hall area.

We have informed to all of the countries and participating teams that to be able to collect the money awards, it is mandatory to provide us with the requested documents (tax form completed and passport copy).

<https://form.jotform.com/211374108793053>

Without the documents, we will not be able to give the money awards during the competition. In this case, we will make a bank transfer, as soon as the requested documents are received by the organization.

Swimmers who make records for the Ciutat de Barcelona, Mare Nostrum, European Record or World Record are obliged to collect the prizes at the end of the competition on sunday (around 8:30 p.m.). A special award is also given to the best FINA Male best and the best FINA Female best.



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