Prova 21 — Fem., 400m Lliure — Open
25/10/2026 — Resultats

Rècord Espanya	3:54.52	BELMONTE GARCIA, MIREIA	BERLIN (GER)	11/08/2013
Rècord Catalunya	3:54.52	MIREIA BELMONTE, Garcia	Berlin	11/08/2013
Circuit Català de Trofeus (25)	4:01.66	, COSTA SCHMID MELANIE	MANRESA	16/11/2013

Punts: AQUA 2026 — resultats provisionals

Classificació — ANY — Temps — Pts AQUA

1.	CARRON MUIÑA, Carla	05	C.N. Sant Andreu									**4:08.24**	797
	50m:	28.57	28.57	150m:	1:31.03	31.30	250m:	2:34.55	31.83	350m:	3:37.34	31.00	
	100m:	59.73	31.16	200m:	2:02.72	31.69	300m:	3:06.34	31.79	400m:	4:08.24	30.90	
2.	DE VALDES ALVAREZ, Maria	98	C.N. Mataro									**4:09.31**	787
	50m:	28.77	28.77	150m:	1:31.09	31.30	250m:	2:34.56	31.72	350m:	3:38.53	32.20	
	100m:	59.79	31.02	200m:	2:02.84	31.75	300m:	3:06.33	31.77	400m:	4:09.31	30.78	
3.	MARTINEZ DE SALINAS PEÑA, Clara	07	C.E. Mediterrani									**4:13.17**	752
	50m:	29.80	29.80	150m:	1:33.72	32.22	250m:	2:38.29	32.23	350m:	3:42.36	31.90	
	100m:	1:01.50	31.70	200m:	2:06.06	32.34	300m:	3:10.46	32.17	400m:	4:13.17	30.81	
4.	RUBIO VILLORIA, Alba	09	C.N. Marina-Cartagena									**4:13.37**	750
	50m:	29.86	29.86	150m:	1:33.23	31.96	250m:	2:37.59	32.23	350m:	3:42.12	32.21	
	100m:	1:01.27	31.41	200m:	2:05.36	32.13	300m:	3:09.91	32.32	400m:	4:13.37	31.25	
5.	YEGRES COTTIN, Maria Victoria	05	C.N. Barcelona									**4:13.45**	749
	50m:	29.60	29.60	150m:	1:33.89	32.37	250m:	2:38.63	32.38	350m:	3:43.65	32.49	
	100m:	1:01.52	31.92	200m:	2:06.25	32.36	300m:	3:11.16	32.53	400m:	4:13.45	29.80	
6.	MARTINEZ GUILLEN, Angela	04	Kzm Swimming Team									**4:13.83**	746
	50m:	29.69	29.69	150m:	1:33.35	32.03	250m:	2:38.93	32.31	350m:	3:43.25	32.06	
	100m:	1:01.32	31.63	200m:	2:06.62	33.27	300m:	3:11.19	32.26	400m:	4:13.83	30.58	
7.	MUÑOZ GONZALEZ, Natalia	08	C.N. Sabadell									**4:14.20**	743
	50m:	30.72	30.72	150m:	1:34.93	32.18	250m:	2:39.44	32.37	350m:	3:44.19	32.17	
	100m:	1:02.75	32.03	200m:	2:07.07	32.14	300m:	3:12.02	32.58	400m:	4:14.20	30.01	
8.	SAN MARTIN IGLESIAS, Carlota	07	C.N. Sabadell									**4:14.33**	742
	50m:	30.54	30.54	150m:	1:35.20	32.15	250m:	2:39.84	31.94	350m:	3:43.84	32.00	
	100m:	1:03.05	32.51	200m:	2:07.90	32.70	300m:	3:11.84	32.00	400m:	4:14.33	30.49	
9.	MUÑOZ ARMENGOU, Julia	07	C.N. Sant Andreu									**4:15.26**	733
	50m:	29.48	29.48	150m:	1:33.21	32.09	250m:	2:37.95	32.41	350m:	3:43.20	32.75	
	100m:	1:01.12	31.64	200m:	2:05.54	32.33	300m:	3:10.45	32.50	400m:	4:15.26	32.06	
10.	OTERO FERNANDEZ, Paula	04	C.N. Santa Olaya									**4:15.72**	729
	50m:	29.49	29.49	150m:	1:33.43	32.20	250m:	2:38.47	32.63	350m:	3:43.83	32.75	
	100m:	1:01.23	31.74	200m:	2:05.84	32.41	300m:	3:11.08	32.61	400m:	4:15.72	31.89	
11.	SANCHEZ LORA, Candela	03	C.D. Gredos San Diego									**4:15.97**	727
	50m:	30.55	30.55	150m:	1:34.33	31.96	250m:	2:39.40	32.65	350m:	3:44.74	32.71	
	100m:	1:02.37	31.82	200m:	2:06.75	32.42	300m:	3:12.03	32.63	400m:	4:15.97	31.23	
12.	CARMONA VILLAPLANA, Marta	05	C.N. Barcelona									**4:17.27**	716
	50m:	30.43	30.43	150m:	1:35.05	32.61	250m:	2:39.67	32.32	350m:	3:45.04	32.82	
	100m:	1:02.44	32.01	200m:	2:07.35	32.30	300m:	3:12.22	32.55	400m:	4:17.27	32.23	
13.	ROSELL DIEZ, Ona	09	C.N. Sabadell									**4:22.06**	678
	50m:	29.94	29.94	150m:	1:34.87	32.61	250m:	2:40.03	32.58	350m:	3:48.42	34.38	
	100m:	1:02.26	32.32	200m:	2:07.45	32.58	300m:	3:14.04	34.01	400m:	4:22.06	33.64	
14.	LI, Tongguoer	08	C.N. Barcelona									**4:27.25**	639
	50m:	31.37	31.37	150m:	1:37.48	33.05	250m:	2:44.94	33.81	350m:	3:53.42	34.38	
	100m:	1:04.43	33.06	200m:	2:11.13	33.65	300m:	3:19.04	34.10	400m:	4:27.25	33.83	

ORGANITZADORS: AMB EL SUPORT DE:

Prova 21, Fem., 400m Lliure, Open

Classificació		ANY		Temps	Pts AQUA
15.	GONZALEZ NUEZ, Lucia	06	C.N. Sant Andreu	**4:28.57**	630

50m:	30.58	30.58	150m:	1:36.47	33.15	250m:	2:45.00	34.35	350m:	3:54.27	34.62
100m:	1:03.32	32.74	200m:	2:10.65	34.18	300m:	3:19.65	34.65	400m:	4:28.57	34.30

16.	GRESELY SALETA, Victoria	09	C.N. Mataro	**4:35.54**	583						
50m:	31.24	31.24	150m:	1:40.08	34.74	250m:	2:50.26	35.11	350m:	4:01.26	35.64
100m:	1:05.34	34.10	200m:	2:15.15	35.07	300m:	3:25.62	35.36	400m:	4:35.54	34.28