Prova 5 — Fem., 400m Estils — Open
25/10/2026 — Resultats

Rècord Espanya	4:18.94	BELMONTE GARCIA, MIREIA	EINDHOVEN (NED)	12/08/2017
Rècord Catalunya	4:18.94	MIREIA BELMONTE, Garcia	Eindhoven	12/08/2017
Circuit Català de Trofeus (25)	4:27.00	, BELMONTE GARCIA MIREIA	L´HOSPITALET LLOBREGAT	30/10/2009

Punts: AQUA 2026 — resultats provisionals

Classificació		ANY		Temps	Pts AQUA
1.	MUÑOZ GONZALEZ, Natalia	08	C.N. Sabadell	**4:55.64**	645
	50m: 30.67 30.67 150m: 1:43.66 38.27 250m: 3:05.26 44.37 350m: 4:23.70 33.98				
	100m: 1:05.39 34.72 200m: 2:20.89 37.23 300m: 3:49.72 44.46 400m: 4:55.64 31.94				
2.	GONZALEZ NUEZ, Lucia	06	C.N. Sant Andreu	**4:58.25**	628
	50m: 29.99 29.99 150m: 1:43.17 38.88 250m: 3:03.84 42.53 350m: 4:23.60 35.58				
	100m: 1:04.29 34.30 200m: 2:21.31 38.14 300m: 3:48.02 44.18 400m: 4:58.25 34.65				
3.	ESPINOSA ALVAREZ, Aroa	08	C.N. Terrassa	**5:02.05**	605
	50m: 31.80 31.80 150m: 1:47.42 38.65 250m: 3:09.62 44.62 350m: 4:29.29 35.50				
	100m: 1:08.77 36.97 200m: 2:25.00 37.58 300m: 3:53.79 44.17 400m: 5:02.05 32.76				
4.	ROSELL DIEZ, Ona	09	C.N. Sabadell	**5:02.08**	604
	50m: 31.33 31.33 150m: 1:47.51 40.72 250m: 3:09.93 43.75 350m: 4:29.11 34.80				
	100m: 1:06.79 35.46 200m: 2:26.18 38.67 300m: 3:54.31 44.38 400m: 5:02.08 32.97				
5.	CARMONA VILLAPLANA, Marta	05	C.N. Barcelona	**5:07.69**	572
	50m: 33.02 33.02 150m: 1:50.65 41.01 250m: 3:15.66 45.70 350m: 4:35.96 35.13				
	100m: 1:09.64 36.62 200m: 2:29.96 39.31 300m: 4:00.83 45.17 400m: 5:07.69 31.73				
6.	PLANCHART NAVARRO, Thais	12	Natació Joan Pelegrí	**5:08.00**	570
	50m: 33.08 33.08 150m: 1:52.44 40.42 250m: 3:15.37 45.51 350m: 4:35.15 35.44				
	100m: 1:12.02 38.94 200m: 2:29.86 37.42 300m: 3:59.71 44.34 400m: 5:08.00 32.85				
7.	CUESTA PATON, Aurora	11	C.N. Sabadell	**5:08.71**	566
	50m: 32.66 32.66 150m: 1:49.17 38.75 250m: 3:12.37 45.03 350m: 4:33.72 36.40				
	100m: 1:10.42 37.76 200m: 2:27.34 38.17 300m: 3:57.32 44.95 400m: 5:08.71 34.99				
8.	CAMESASCA BALET, Chiara	11	C.E. Mediterrani	**5:11.92**	549
	50m: 33.36 33.36 150m: 1:53.25 40.52 250m: 3:16.41 43.54 350m: 4:36.81 36.11				
	100m: 1:12.73 39.37 200m: 2:32.87 39.62 300m: 4:00.70 44.29 400m: 5:11.92 35.11				
9.	GRESELY SALETA, Victoria	09	C.N. Mataro	**5:33.09**	451
	50m: 34.00 34.00 150m: 1:58.53 44.68 250m: 3:30.75 49.77 350m: 4:57.93 37.08				
	100m: 1:13.85 39.85 200m: 2:40.98 42.45 300m: 4:20.85 50.10 400m: 5:33.09 35.16				
10.	MUSTE CARVAJAL, Alma	13	C.N. Reus Ploms	**5:34.21**	446
	50m: 36.17 36.17 150m: 2:03.69 44.07 250m: 3:31.69 44.43 350m: 4:57.84 40.09				
	100m: 1:19.62 43.45 200m: 2:47.26 43.57 300m: 4:17.75 46.06 400m: 5:34.21 36.37				
11.	PALAU MARIN, Noa	12	C.N. Lleida	**5:40.98**	420
	50m: 35.38 35.38 150m: 2:00.63 41.90 250m: 3:30.26 48.81 350m: 5:00.81 40.68				
	100m: 1:18.73 43.35 200m: 2:41.45 40.82 300m: 4:20.13 49.87 400m: 5:40.98 40.17				
12.	FARRE CADENS, Alexia	13	C.N. Reus Ploms	**5:43.49**	411
	50m: 37.83 37.83 150m: 2:04.95 42.41 250m: 3:37.09 49.33 350m: 5:05.06 38.78				
	100m: 1:22.54 44.71 200m: 2:47.76 42.81 300m: 4:26.28 49.19 400m: 5:43.49 38.43				
13.	DALMAU GUERCIO, Lucia	11	C.N. Terrassa	**5:50.45**	387
	50m: 35.52 35.52 150m: 2:02.30 44.38 250m: 3:39.48 52.82 350m: 5:11.88 39.44				
	100m: 1:17.92 42.40 200m: 2:46.66 44.36 300m: 4:32.44 52.96 400m: 5:50.45 38.57				
14.	VIVAS GARCIA, Amalia Valentina	12	C.N. Tarraco	**5:53.91**	376
	50m: 36.11 36.11 150m: 2:03.39 43.55 250m: 3:39.58 52.67 350m: 5:13.61 40.61				
	100m: 1:19.84 43.73 200m: 2:46.91 43.52 300m: 4:33.00 53.42 400m: 5:53.91 40.30				

ORGANITZADORS: AMB EL SUPORT DE:

Prova 5, Fem., 400m Estils, Open

Classificació		ANY		Temps	Pts AQUA
15.	VILAJOSANA ESCUDE, Tania	12	C.N. Navas	**5:58.15**	362
DSQ	ARENAS RIVAS, Evelyn	12	C.N. Sabadell		

50m:	33.94	33.94	150m:	2:02.10	47.26	250m:	3:42.38	51.21	350m:	5:17.21	42.66
100m:	1:14.84	40.90	200m:	2:51.17	49.07	300m:	4:34.55	52.17	400m:	5:58.15	40.94